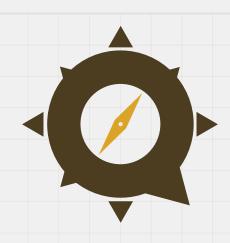




CAMPER BARNABAS BOUND





Dear Camp Family,

Get ready to embark on an unforgettable summer for Quest 2023. Explore the great outdoors and discover new heights of faith and adventure!

Our theme for the summer comes from the story of Moses and the Israelites and their quest from slavery in Egypt to freedom in the Promised Land. As we dig deeper into the Bible, we'll discover God's direction and provision throughout their entire journey.

Whether it's celebrating on the dance floor, summiting the rock wall, meeting new friends, or growing in our devotions, we are certain God will work in your life this week.

In this packet, you'll find details about your packing list, party themes, arrival, and so much more. Please read through this packet, print and bring the appropriate pages, and let me know if you have questions! Get ready for a life-changing summer quest!



Blessings,
Tracy Sherrow, Camper Registrar
417-708-5298
tracy@campbarnabas.org



# Packing List

| □ Bible                                                                                | ☐ Towels and Washcloths                                                                                                                                                        |
|----------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| ☐ Flashlight ☐ Bug Spray and Sunscreen                                                 | ☐ Toiletries: Hairbrush, Deodorant,<br>Shampoo, Body Soap, Toothbrush,<br>Toothpaste, etc.                                                                                     |
| □ Water Bottle □ T-Shirt/Shirts**                                                      | ☐ Bedding: Sleeping Bag or Twin Sheets with Blanket and Pillow                                                                                                                 |
| □ Shorts**                                                                             | ☐ Stationery and Stamps                                                                                                                                                        |
| ☐ Swimsuits** ☐ Jacket or Sweatshirt ☐ Rain Jacket ☐ Closed-toe shoes (or shoes with a | ☐ Medications and Medical Equipment: All medications must be in the original, pharmacy-labeled containers. Please make sure that these labels match your CampDoc medical forms |
| strap around the top of the foot and the heel)                                         | ☐ Luggage Tags (at the end of packet)                                                                                                                                          |
| □ Shower Shoes                                                                         | ☐ Car Tag (at the end of packet)                                                                                                                                               |
| □ Socks and Underwear                                                                  | ☐ Optional Items: Watch, sensory tools from home, money for Barnabas                                                                                                           |
| □ Sleepwear                                                                            | Outfitters gear                                                                                                                                                                |
| ☐ Costumes (see Party Themes)                                                          |                                                                                                                                                                                |

Packing Limit 3 Bags. Make sure that

Camper first and last name.

each bag brought to Camp is labeled with

Please wash all items you plan to bring to camp on the highest heat setting BEFORE and AFTER sessions (this includes clothing, pillows, sheets, towels, etc.). This will help prevent the spread of any lice, bed bugs, fleas, and any other transferable pests. For more information on preventing, identifying, and treating bugs, visit the CDC website.

**DO NOT BRING:** Weapons (including concealed firearms, knives of any kind, scissors, or sharp objects) expensive jewelry, large sums of money, snacks (including gum, soda, candy, etc.), alcohol, illegal drugs, or tobacco products (including cigarettes, vaping devices), or products with explicit content. Barnabas is not responsible for lost or stolen items.

**BAG CHECK NOTICE:** We will be inspecting your luggage with you when you arrive at camp. This check is a preventative measure, and we want to make sure you have plenty of notice prior to coming to camp. Please read over your packing list and let us know if you have any questions about what to/or what not to bring. If a questionable item is found during bag check, it will be held in the office until the end of the camp session. Tobacco products, alcohol, e-cigarettes, and vaping devices will not be returned.



<sup>\*\*</sup>Please reference our Camp Barnabas Policies.

# Party Themes

We'll have four nights of parties filled with games, dancing, and themefilled fun. Costumes are encouraged but not required. We've included a few ideas to help plan for packing.









# Camper Arrival

1

#### **WELCOME TO CAMP BARNABAS!**

Check in and receive your Camper's name tag and cabin assignment. Reserve your spot for Summer 2024, and get set up with store credit for Barnabas Outfitters, or purchase items now at our Outfitters pop-up shop. Cash and credit accepted. Please have the Car Tag at the end of this packet filled out and on your dashboard.

2

## **LUGGAGE & RESTROOMS**

Our team will unload your Camper's luggage. Please make sure all bags are labeled with Camper's first and last name on the luggage tags at the end of this packet. New restrooms facilities are available at this stop!

3

#### **MEDICATION**

Our Med Team will take medications and discuss any of your medical questions and concerns. Please place all medication bottles in a Ziploc bag, and pack emergency seizure meds separately. Do not place medications in daily boxes or little envelopes. It is imperative that your CampDoc online forms are up to date so that we have the correct medical information to match the medicines brought to camp. Please be prepared to give your Camper their dinner meds.

4

# PARK AND GREET (4-5 PM)

Our Staff will guide you to a parking spot where you'll be able to get out of your car and join in the celebration for Camper Arrival. Meet the Counselor and Staff assigned to your Camper and ask any questions you have about the week. For safety and privacy reasons, we ask that parents NOT enter cabins.

# **DROP-OFF ARRIVAL (5-6 PM)**

Our Staff will assist your Camper out of the car and meeting their Counselor and Staff for the week.

5

# **LET THE FUN BEGIN!**

Snap a photo and say "see you soon" to your Camper. Let the adventure start!

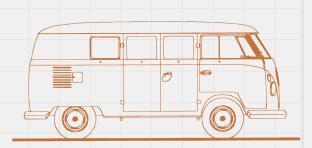
Camper families will be able to sign up for a tour around the camp grounds.

Please click the link here to sign up for a tour, or reach out to Tracy with questions.

# Camper Pick Up

We'll see you Friday morning for pick up. Please have the Car Tag at the end of this packet filled out and on your dashboard.

- 9:00 am Boy Camper Pick Up
- 9:45 am Girl Camper Pick Up





# Daily Schedule

# **SUNDAY**

4:00-5:00 pm Camper Arrival Park and See

5:00-6:00 pm Camper Arrival Drive-Through Drop Off

**6:30 pm** Lake / Pool Party and Dinner

**8:00 pm** Wrap Up

9:00 pm Camper Lights Out

# **MON-THURS**

**7:00 am** Wake Up

8:00 am Breakfast A / Devo & Clean Up B

9:00 am Devo & Clean Up A / Breakfast B

**10:00 am** Activity 1

**11:00 am** Activity 2

**12:00 pm** Lunch A / Rally B

1:00 pm Rally A / Lunch B

**2:00 pm** F.O.B. (Rest time for Campers)

**3-5:00 pm** Well House Clinic Hours

**3:15 pm** O.A.T.S. (Open Activity Time Slot)

**5:15 pm** Dinner A / Showers B

**6:15 pm** Showers A / Dinner B

**7:00 pm** Party

**8:00 pm** Wrap Up

9:00 pm Camper Lights Out

# FRIDAY

7:00 am Wake Up / Pack Bags

8:00 am Breakfast and Clean Up

9:00 am Boy Camper Pick Up

9:45 am Girl Camper Pick Up



# Camp 101



#### 2024 REGISTRATION

We look forward to seeing you next summer, and the sooner you sign up the better! Mark your calendar to sign-up by August for the best rate possible.

Early registration will open June 9, 2023
Your \$100 deposit will secure your 2024 spot.

\$1200 Early Bird Registration (by Aug 31, 2023)

\$1400 Discount Registration (Sept 1 - Dec 31, 2023)

\$1500 Registration (Jan 1, 2024 - after)



#### MAIL CALL

All packages and letters should be sent to:

Camp Barnabas Camper First and Last Name 901 Teas Trail Purdy, MO 65734

To send an email to your Camper, use the Bunk Notes function in the Camp Barnabas App.

(More info on the next page)

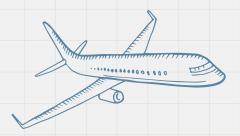
Mail will be distributed daily. Any mail received after your term will be returned to the sender. Any food or candy sent in a package will be kept in the office until the end of the week. Mail is subject to be read by Camp Barnabas Staff.



#### CAMPER COMMUNICATION

Outside of snail mail, if you have non-emergency information that needs to be communicated to your Camper or have questions about your Campers week, Sunday through Thursday, 8:00 am to 5:00 pm, call the camp office at 417-522-6011 or email office@campbarnabas.org.

Your Camper will be fully engaged during their camp experience, so it is not possible for our Staff to direct personal, non-emergency calls to your Camper. Assume your Camper is having a great time and trust our Staff to contact you if necessary. If an issue arises, Senior Camp Staff will call you immediately. A camp nurse will contact you about health or injury issues.

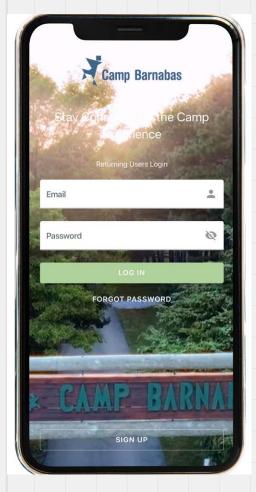


#### SPECIAL TRAVEL ACCOMMODATIONS

If you are an individual or family (siblings) flying and need transportation from the Springfield, MO airport, please input your flight information into our registration system or email tracy@campbarnabas.org at least 20 days prior to your flight. Pickup will be between 2-4:00 pm on Sunday (Camper Arrival Day) and drop off will be between 11:00 am to 12:30 pm on Friday (Closing Day). The fee is \$50 for pickup and \$50 for drop-off (\$100 round-trip fee). The fee must be paid prior to camp and the individuals being picked up must be at least 18 years old, or have written consent from a parent.

# Camp Barnabas App

Stay connected with photos, videos, and news from Camp!





# Get Started

- Search "Camp Barnabas" in the Apple App Store or Google Play Store and download the free app.
- Use the invitation code "TEASTRAIL".
- Create your profile and let the fun begin.



# Gallery

- Upload a photo of your Camper to utilize facial recognition technology.
- View daily photo uploads and weekly camp videos.
- Download low resolution photos for free or high resolution photos for a fee.



# Bunk Notes

- Send your Camper emails that will be printed and delivered daily.
- Provide your Camper a fun game to let them know you're thinking about them.



# Updates

- Stay up to date with all the daily fun at camp.
- Be notified of the news, reminders, and information from camp.

# Barnabas Outfitters

Get ready for summer with Camp Barnabas gear! Barnabas Outfitters has everything from shirts and hats to towels, sunglasses, and more! Have gear delivered to a cabin at camp for a small fee. Our Staff will deliver gear during FOB with a note indicating who it's from. Can't wait for your new gear? Have it shipped to you. Show your Barnabas love everywhere you go!

Shop now at barnabasoutfitters.com.



Camp Store Card

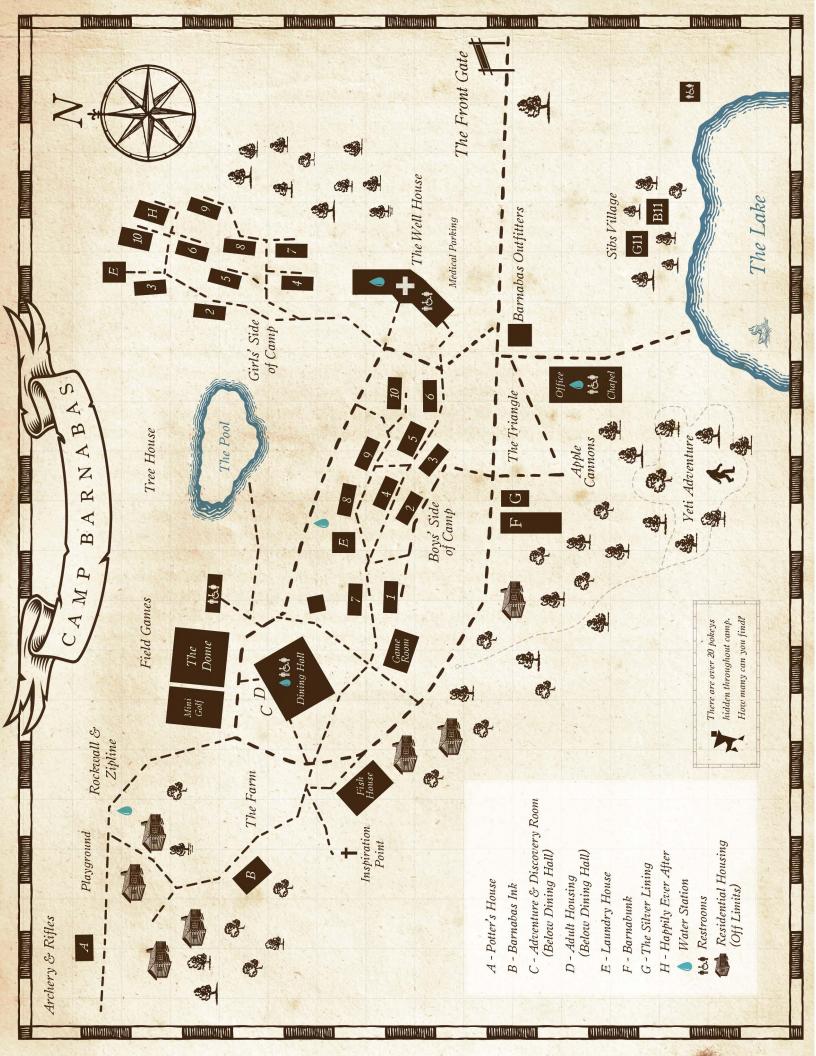
New

Add a Barnabas Outfitters store card to your Campers' account and let them explore the store! Each Camper will have multiple opportunities to visit our store during their Camp week. You can add this store card through their account by logging in, clicking "Registrations" and "Store Card". You can also add a store card at Camper arrival.

\*All store card funds not used by the Camper during their week will be considered a donation to Camp Barnabas.

Styles and inventory updated throughout the summer at barnabasoutfitters.com





# Camp Staff



**John Tillack**Barnabas Foundation C.E.O.



**Mike Mrosko** Senior Camp Director



Brenda Brandt
Camp Operations Director



Cristal Mrosko Women's Director



**Tracy Sherrow**Camper Registrar



Matthew McDavid
Activities Coordinator



Morgan McDavid Senior Assistant



Caleb Brandt Missionary Coordinator



**Jake Parker** Staff Coordinator



Aaron Janes Ceremonies Coordinator



Laura Edwards Service Coordinator



Anna Luper Assistant Activities Coordinator



Carley Kilz Behavioral Assistant



**"Pappa Ron"** Yeti Adventure Operator



**Bernadette Losh** Health Services Director



**Brittany Kramer** Assistant Health Services Coordinator



**Debbie Stoughton**Assistant Health
Services Coordinator



Jeanie Smith
Food Service Director



Theresa Darst Assistant Cook



Rhonda Harlin Assistant Cook



Bernie Thomas Assistant Cook



**Rick Thomas**Maintenance Director



Shawn Darst
Construction Director



Jonathan Mills Landscaping Supervisor



**Paul Harlin** Water Park Manager



Maddie Gjorvad
Digital Content Coordinator



Abby Smith
Camp Creative Director



**Shawnna Clark** Barnabas Outfitters Manager

901 Teas Trail Purdy, MO 65734

office@campbarnabas.org | (417) 522-6011

www.campbarnabas.org



# **POLICIES**

We strive to glorify Jesus Christ in everything we do. We especially want Campers to see our Staff and Missionaries as living examples of Christ. We have specific policies designed to allow you to understand what we believe is right and true in the eyes of our Lord. These policies are also designed for your safety and wellness during camp.

Alcohol, Illegal Drugs & Tobacco: Camp Barnabas leadership does not condone or personally use illegal drugs or tobacco. We do not condone the abuse of alcohol or allow for drunkenness. Alcohol, illegal drugs, and tobacco are not permitted on Camp property.

**Sexual Behavior:** There should be no discussions of or acts of a sexual nature while at Camp. We view sexual relations as being between a married man and woman and does not need to be a conversation among our Staff, Missionaries, or Campers.

**General Appearance:** Everyone should keep a neat appearance. If you have long hair, it's recommended to keep it in a ponytail for your safety.

**Shirts:** T-shirts should not have inappropriate designs or advertising for questionable products (i.e., beer products or inappropriate language). No spaghettistrap, tight-fitting, or low-cut shirts. Straps on shirts must be at least the width of two fingers and completely cover bra straps. Shirts must cover the abdomen, even when hands are lifted in the air.

Shorts/Pants: Our standard length for shorts is finger-tip length. Shorts must also be loose-fitting. No shorts or pants with words across the seat are to be worn at any time. Shorts must be visible under longer shirts. Leggings are appropriate only if and when front and back areas are completely covered.

**Shoes:** Shoes must be worn at all times unless at the pool. Closed-toe shoes or shoes with a strap going across the top of the foot and around the heel (i.e., Chacos or Tevas) are required during all activities, with the exception of to and from the pool.

Swimsuits: Men must wear swim trunks (no Speedos). Women must wear modest one-piece swimsuits. Two-piece swimsuits will be permitted, provided they cover the abdomen completely, even with hands in the air. No low-cut swimsuits are to be worn. If necessary, girls may wear shirts over their swimsuits as long as the shirts are not white. It is highly recommended that girls wear shorts over their swimsuits.

Tattoos & Body Piercings: At camp, it is suggested that all piercings be removed for safety reasons. Some Campers love shiny objects and may grab or pull at them. If you do not choose to remove them, please only use studs. Navel, eyebrow, or tongue jewelry is not allowed at camp (this is a safety issue). At the discretion of the Senior Camp Staff, any tattoo that may be viewed as inappropriate will need to be covered at all times.

Cell Phones & Laptop: To avoid distraction and fully immerse yourself in the Barnabas experience, laptops are not to be brought to camp. We do not allow the use of cell phones at camp. If you need to make an emergency call, there are phones available. Campers that use communication devices may bring these to camp with instructions for usage. Camp Barnabas is not responsible for lost, broken or stolen items.

If you have any questions about these policies, please call or email us.

# CODE OF CONDUCT

Everyone at Camp Barnabas is expected to follow our Code of Conduct explicitly - it's comprehensive and falls into three main categories:

**Physical Safety & Security:** Always respect the other person's physical boundaries. Camp is not the place for physical relationships of any kind.

**Verbal Communication:** Always use appropriate verbal communication. There are no exceptions.

**Staff Specific:** While everyone on camp property is expected to follow the Code of Conduct outlined regarding physical boundaries and verbal communication, there are additional stated exceptions specifically for Staff.

#### PHYSICAL SAFETY & SECURITY

- No kissing
- · No sharing of shower or bathroom stalls
- Everyone sleeps in their own bed
- No hitting, kicking, slapping, or punching
- No tickling or touching of private areas (this includes slapping someone on the rear)
- No physically demeaning humor (noogies/wedgies, etc.)
- No walking around camp or in the cabin without covering private areas (not even while around the same sex)

## VERBAL COMMUNICATION

- No lying
- No gossiping
- No name-calling of any kind (even jokingly)
- No talking about another's body
- No profane, sexist, or racist language
- No discussions of a sexual nature

# SUMMER STAFF SPECIFIC

- No Camper or Missionary is to be taken off alone.
- Do not give individual gifts of a personal nature to Campers.
- Do not show favoritism to a particular Camper.
- One-on-one counseling or private conversations are to be in a public setting (seen but not necessarily heard).
- Summer Staff should always hold other Staff accountable.
- Summer Staff should be above reproach at all times.
- Open Door Meeting Policy: No Summer Staff should be with a member of the opposite gender behind a closed door or private area at any time. If a one-on-one meeting is required, it should be done in a clear, visible place where others are present.

# CONSEQUENCES

Any infraction of the above policy will be immediate grounds for dismissal with no chance for re-hire or return to Camp Barnabas. A violation of one of these polices might not only be misunderstood by youth/Staff but could result in legal consequences.

# GUIDELINES FOR APPROPRIATE CONDUCT WITH CAMPERS - 3 T'S

# **TALK**

#### Appropriate:

- · Verbal praise for achievement or behavior
- Verbal encouragement
- Scripturally-based teaching (non-sexual)

#### Not Appropriate:

- Compliments or questions relating to physique or body development
- · Sexual jokes, sexual innuendos, or bathroom humor
- Swearing or vulgar language
- Verbal harassment or abuse
- Individual secrets or special gifts
- · Sexual coaching or conversation

#### TOUCH

#### Appropriate:

- · Handshakes and high fives
- · Walking hand in hand
- · Short, congratulatory or greeting hugs
- Arm around the shoulders
- · Piggybacks with young campers

#### Not Appropriate:

- · Intimate wrestling or tickling
- Private back rubs, arm tickles, massages, etc.
- Touching of private parts
- Touching a child in anger, disgust, or frustration
- Frontal hugs
- Sexual embraces
- Lap sitting
- Kissing

As a ministry caring for individuals with special needs, we know that some of our Campers will require an additional level of personal care assistance with hygiene during their time at Barnabas. We take this responsibility very seriously. We are very careful in how we train our Staff and Missionaries to modestly administer personal care if needed. Two caregivers are required to be present at all times for safety, this includes during hygiene administration. If a Camper requires additional assistance in their daily living activities and you would like more information on how we train or administer this care, we would be more than happy to speak with you. Please call 417-476-2565.

# **TERRITORY**

# Appropriate:

- Public one-on-one interaction
- Group or public environment

#### Not Appropriate:

- · Sitting or lying on a bed with a minor
- Private one-on-one interactions

Additional Guidelines: Modesty dictates that Campers, Missionaries, and Summer Staff never sit around or walk without a towel or clothing covering private areas. Towels must be worn at all times when going to or from the shower. NO EXCEPTIONS! It is against policy to display sexual body parts intentionally—even if it's a joke.

# 3-6-0 SAFE & SECURE POLICY

Based on our Code of Conduct, the following rules and boundaries have been established in order for our Campers, Missionaries, and Summer Staff to have a safe, secure, and enjoyable experience at Camp Barnabas. Understanding and following these rules/boundaries will help everyone have the time of their life at camp!

# "3" RULES

- Recognize unacceptable behavior. You must know and understand the Code of Conduct so you can easily
  recognize what is acceptable and unacceptable behavior. The 6 Boundaries outlined below will help too.
- Resist unacceptable behavior. No Camper, Missionary, or Summer Staff should ever feel uncomfortable or unsafe at camp. Everyone has the right to say NO and remove themselves from the situation or distance themselves from the person making them feel uncomfortable or unsafe.
- Report what makes you feel uncomfortable or if a rule has been broken.
  - 1. Tell cabin Staff or the Camp Director.
  - 2. Write a note and put it in the Comment Box (at the Well House).
  - 3. Tell a member of the Med Team in the Well House.
  - 4. Call 1-800-4-A-CHILD.

# "6" BOUNDARIES

- 1. Modesty: Private body parts should be covered at ALL times (swimming, to/from shower, dressing, etc.) NO EXCEPTIONS. Never display your private body parts to anyone or touch someone else's.
- 2. Rule of Three: You should NEVER be alone with a Camper or youth where others are not present. There should always be a third person present or in view. Never tell a Camper a secret or tell them "not to tell". We have no secrets at Camp Barnabas. NONE.
- 3. Good Touch vs. Bad Touch: Appropriate touch includes high-fives, short side hugs, arm around the shoulders, etc. and makes your Camper or peer feel safe and encouraged. Inappropriate touch is any touch that makes your Camper or peer feel uncomfortable (touching private parts, hitting, pushing, lap sitting, etc.) Refer to the Code of Conduct for additional examples.
- **4. Good Talk vs. Bad Talk:** Always encourage one another with positive, pure, uplifting speech. Negative, disrespectful, sexual, and/or profane language will not be tolerated.
- 5. **Bullying:** Camp Barnabas has zero tolerance for bullying. If you are bullying someone (or they perceive you to be) and they ask you to stop, you MUST stop. If you observe or are the target of bullying, report it immediately.
- 6. Your Territory: Your body, your space, your stuff, your bed are off-limits to everyone else. No one should be in your territory without your permission and you should not be in their territory without theirs.

# "0" (ZERO) TOLERANCE

If you decide not to abide by these rules and boundaries, you may be immediately dismissed from camp.



# PRINT & BRING

Luggage

**db** 

**CABIN:** 

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CABIN:

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CABIN:

Fold Here

CABIN:

(Filled out at Camper Arrival)

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(Filled out at Camper Arrival) CABIN:

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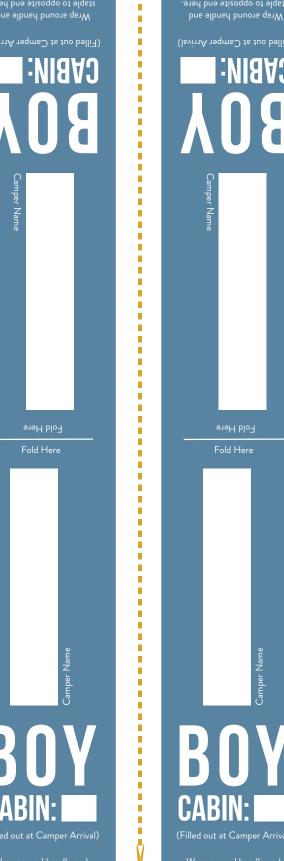
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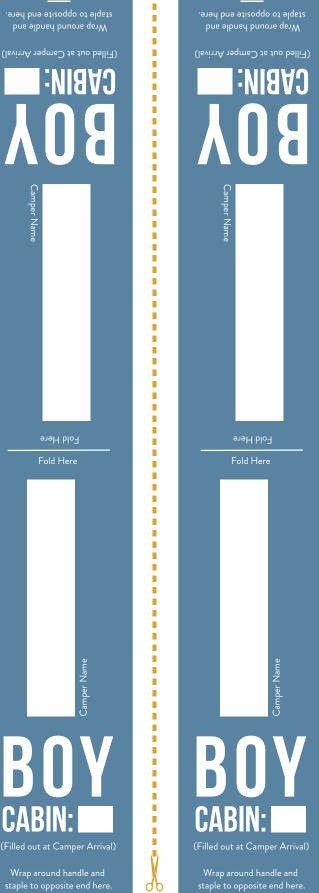
# Luggage Boy's

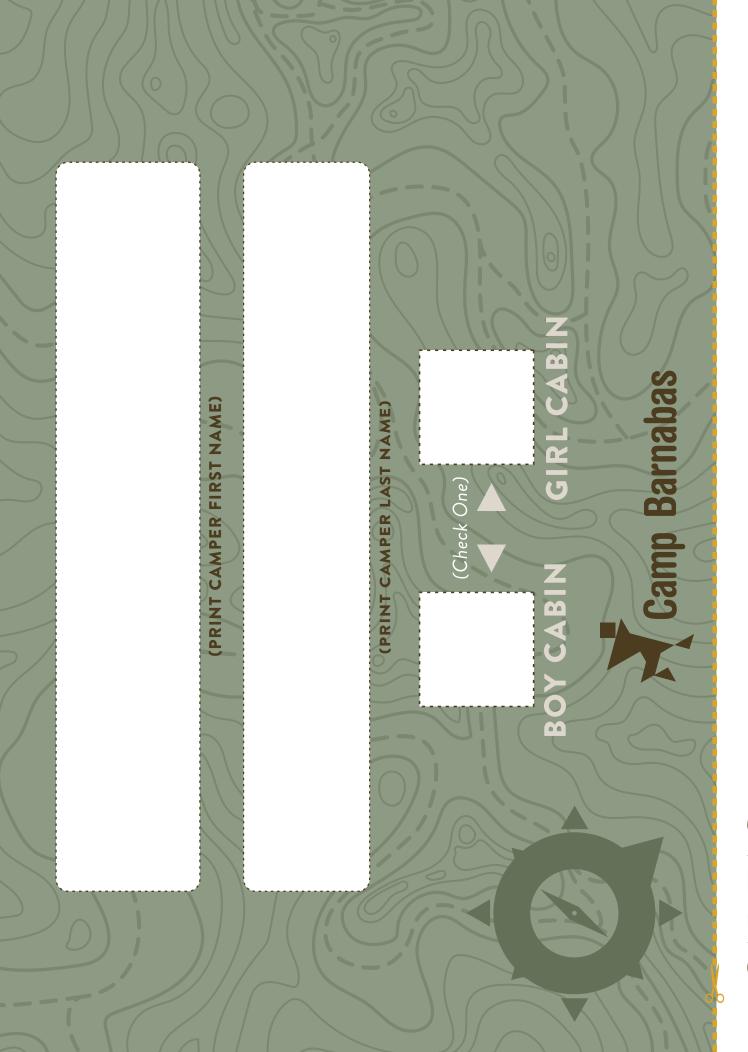


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CAR TAG PLEASE FILL OUT AND PUT ON YOUR DASHBOARD FOR CAMPER ARRIVAL AND PICK-UP