



Camp Barnabas



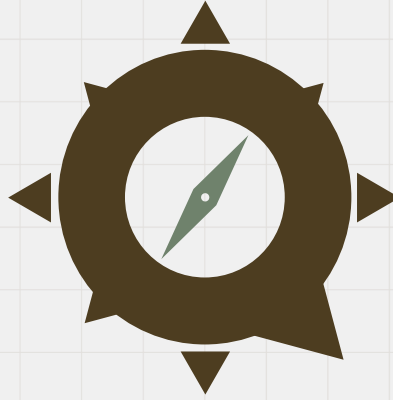
QUEST

SUMMER 2023

The main title 'QUEST' is rendered in a large, bold, white, serif font. The letter 'Q' is significantly larger and contains a white compass rose with a needle pointing towards the top-right. Below the word 'QUEST' is a white horizontal banner with a slight 3D effect, containing the text 'SUMMER 2023' in a bold, sans-serif font.

**MED TEAM
BARNABAS BOUND**





Dear Med Team,

Get ready to embark on an unforgettable summer for Quest 2023.

Our theme for the summer comes from the story of Moses and the Israelites and their quest from slavery in Egypt to freedom in the Promised Land. As we dig deeper into the Bible, we'll discover God's direction and provision throughout their entire journey.

Whether it's celebrating on the dance floor, summiting the rock wall, getting to know Campers and Missionaries, or growing in our devotions, we are certain God will work in your life this week.

In this packet, you'll find details about your packing list, party themes, required online training, and so much more. Please read through this packet, and let me know if you have questions. Get ready for a life-changing summer quest!



Blessings,
Bernadette N. Losh
Health Services Director
417-827-0549
Bernadette@campbarnabas.org



Packing List

- Bible & Journal
- Flashlight/Head Lamp
- Bug Spray and Sunscreen
- Backpack
- Water Bottle
- T-Shirt/Shirts**
- Shorts**
- Swimsuits**
- Jacket or Sweatshirt
- Rain Jacket
- Shoes with a Back Strap
- Costumes (See Party Themes)
- Optional: Watch, Money for Barnabas Outfitters Store

PACKING REMINDERS

Please wash and dry all items you plan to bring to camp on the highest heat setting BEFORE and AFTER your week (this includes clothing, pillows, sheets, towels, etc.). This will help prevent the spread of any lice, bed bugs, fleas, and any other transferable pests. For more information on preventing, identifying, and treating bugs, visit the CDC website.

DO NOT BRING: Weapons, expensive jewelry, large sums of money, alcohol, illegal drugs or tobacco products (including cigarettes, vaping devices), or products with explicit content. Barnabas is not responsible for lost or stolen items.

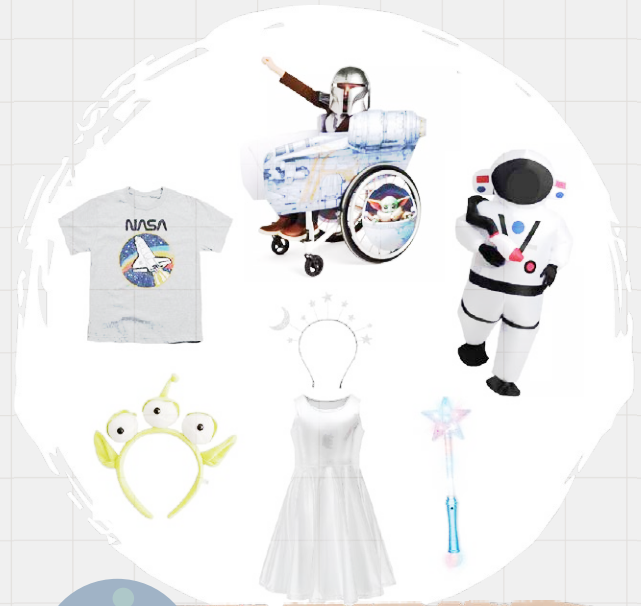
**Please reference our Camp Barnabas Policies.

Party Themes

We'll have four nights of parties filled with games, dancing, and theme-filled fun. Costumes are encouraged but not required. We've included a few ideas to help plan for packing.



OASIS SPLASH BASH



LUNAR LANDING



THE BARNIVAL



THE BARNABAS BALL

Med Team Checklist

1

BEFORE YOU ARRIVE

Don't forget to complete your online training prior to attending camp! This mandatory training is required for all Med Team members and is critical to maintaining camp safety. It is also part of our Child Protection Plan at Camp Barnabas.

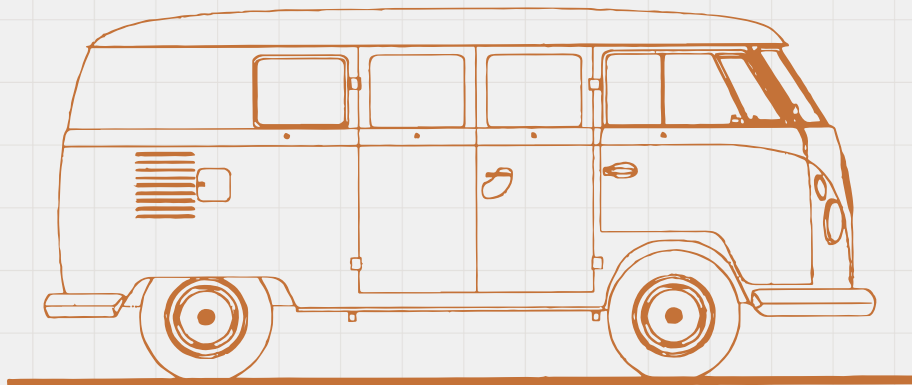
2

ARRIVAL AT THE WELL HOUSE

We're so glad you're here! Please check in, get your name tag and shirt for the week. You are welcome to park your car at the Well House for the week. If there isn't parking available at the Well House, you can park in the Staff parking lot.

3

LET THE FUN BEGIN!



Daily Schedule

SATURDAY

- 2:00 pm** Check In at the Well House
- 3:00 pm** Welcome and Introductions
- 4:00 pm** Emergency Training
- 4:30 pm** Missionary Arrival
- 5:30 pm** Set Up MAR's for Missionaries
- 6:00 pm** Dinner
- 7:00 pm** CampDoc Jump Start
Review Camper Profiles
- 8:00 pm** Worship
- 9:00 pm** Administer Missionary Medications
- 10:00 pm** Free Time

SUNDAY

- 7:30 am** Wake Up: Get Excited, Campers Arrive!
- 8:00 am** Church
- 8:30 am** Med Team Breakfast at B's
- 10:00 am** Med Team Training
- 12:30 pm** Lunch
- 1:15 pm** Med Team Photo at the Well House
- 1:30 pm** Med Team Training
- 3:00 pm** Camper Arrival Setup
- 4:00 pm** Camper Arrival
- 6:30 pm** Prepare Medications
Dinner in the Med Room
- 8:30 pm** Administer Evening Medications
- 9:00 pm** Camper Lights Out

MON-THURS

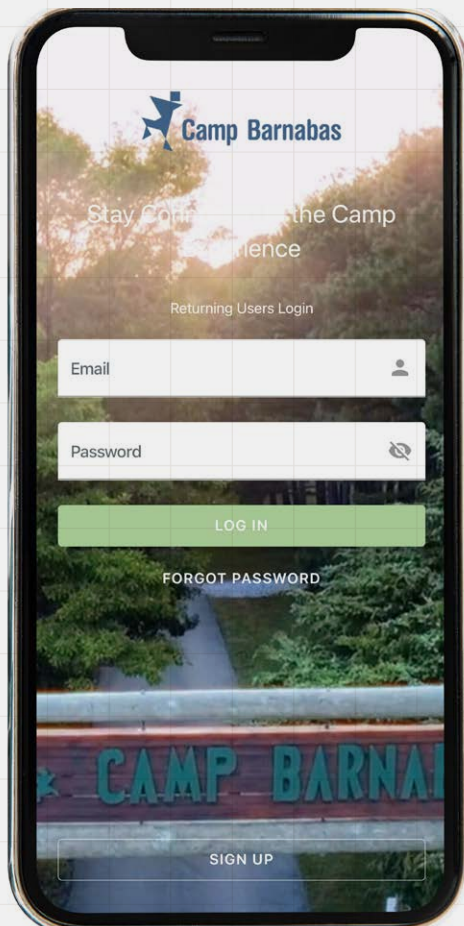
- 7:00 am** Administer Early Morning Medications
- 8:00 am** Breakfast A / Devo B
- 9:00 am** Devo A / Breakfast B
- 10:00** Med Team Prayer and Praise in the Well House
- 10:00 am** Camper Activity 1
- 11:00 am** Camper Activity 2
- 12:00 pm** Lunch A / Rally B
- 1:00 pm** Rally A / Lunch B
- 2:00 pm** F.O.B. (Flat on Back for Campers)
***Thursday Only Med Team Pool Party
- 3-5:00 pm** Well House Clinic Hours
- 3:15 pm** O.A.T.S. (Open Activity Time Slot)
- 5:15 pm** Dinner A / Showers B
- 6:15 pm** Showers A / Dinner B
- 7:00 pm** Party
- 8:00 pm** Wrap Up
- 8:30 pm** Administer Evening Medications
- 9:00 pm** Camper Lights Out

FRIDAY

- 7:00 am** Administer Morning Medications and Pack in Camper's Suitcases
- 8:00 am** Breakfast in the Well House
- 9:00 am** Boy Camper Pick Up
- 9:45 am** Girl Camper Pick Up
- 10:30 am** Med Team Dismissal

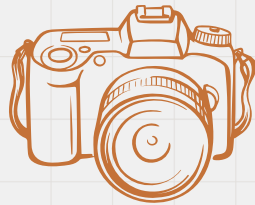
Camp Barnabas App

Stay connected with photos, videos, and news from Camp!



Get Started

- Search "Camp Barnabas" in the Apple App Store or Google Play Store and download the free app.
- Use the invitation code "TEASTRAIL".
- Create your profile and let the fun begin.



Gallery

- View daily photo uploads and weekly camp videos.
- Download low resolution photos for free or high resolution photos for a fee.

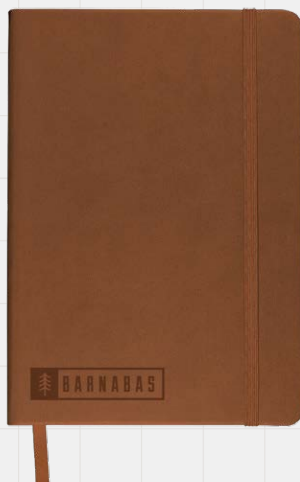
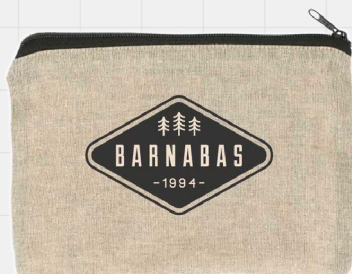


Updates

- Stay up to date with all the daily fun at camp.
- Be notified of the news, reminders, and information from camp.

Barnabas Outfitters

Get ready for summer with **Camp Barnabas gear!** Barnabas Outfitters has everything from shirts and hats to towels, sunglasses, and more! Have gear delivered to a cabin at camp for a small fee or stop by the store while at Camp to check out our newest arrivals and make purchases with cash or card. Can't wait for your new gear? Have it shipped to you. Show your Barnabas love everywhere you go! **Shop now at barnabasoutfitters.com.**



New

Camp Store Card

Add a Barnabas Outfitters store card to your account! You will have daily opportunities to visit our store during the week. Add credit to a store card through your account by logging in, clicking "Registrations" and "Store Card".

****All store card funds not used during the week will be considered a donation to Camp Barnabas.***

Styles and inventory updated throughout the summer at barnabasoutfitters.com

Archery & Rifles

Playground

Rockeall & Zipline

Field Games

Tree House

The Pool

The Farm

The Dome

Mini Golf

Dining Hall

Inspiration Point

Fish House

Game Room

Boys' Side of Camp

Girls' Side of Camp

The Well House

Medical Parking

The Triangle

Apple Cannons

Yeti Adventure

Barnabas Outfitters

Sibs Village

The Lake

The Front Gate

A - Potter's House

B - Barnabas Ink

C - Adventure & Discovery Room
(Below Dining Hall)

D - Adult Housing
(Below Dining Hall)

E - Laundry House

F - Barnabunk

G - The Silver Lining

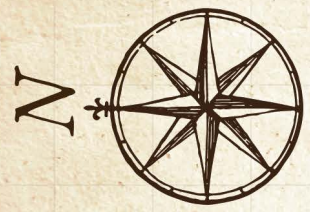
H - Happily Ever After

Water Station

Restrooms

Residential Housing
(Off Limits)

There are over 20 pokeys hidden throughout camp. How many can you find?



Camp Staff



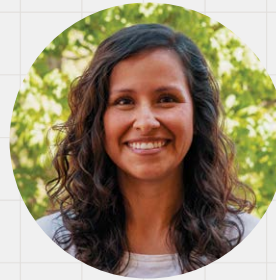
John Tillack
Barnabas Foundation C.E.O.



Mike Mrosko
Senior Camp Director



Brenda Brandt
Camp Operations Director



Cristal Mrosko
Women's Director



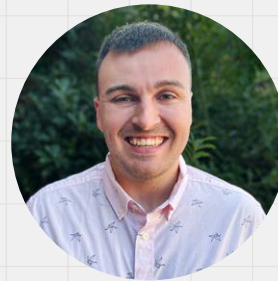
Jake Parker
Staff Coordinator



Matthew McDavid
Activities Coordinator



Morgan McDavid
Senior Assistant



Caleb Brandt
Missionary Coordinator



Tracy Sherrow
Camper Registrar



Aaron Janes
Ceremonies Coordinator



Laura Edwards
Service Coordinator



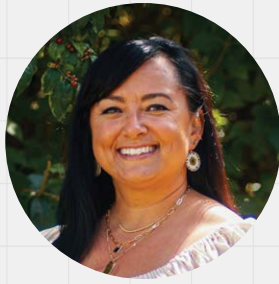
Anna Luper
Assistant Activities
Coordinator



Carley Kilz
Behavioral Assistant



“Pappa Ron”
Yeti Adventure Operator



Bernadette Losh
Health Services Director



Brittany Kramer
Assistant Health
Services Coordinator



Debbie Stoughton
Assistant Health
Services Coordinator



Jeanie Smith
Food Service Director



Theresa Darst
Assistant Cook



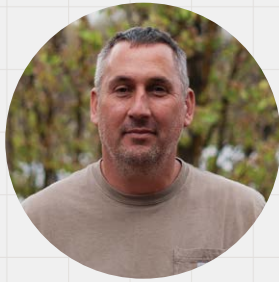
Rhonda Harlin
Assistant Cook



Bernie Thomas
Assistant Cook



Rick Thomas
Maintenance Director



Shawn Darst
Construction Director



Jonathan Mills
Landscaping Supervisor



Paul Harlin
Water Park Manager



Maddie Gjorvad
Digital Content Coordinator



Abby Smith
Camp Creative Director



Shawna Clark
Barnabas Outfitters Manager

901 Teas Trail Purdy, MO 65734
office@campbarnabas.org | (417) 522-6011
www.campbarnabas.org

The background of the image is a light blue topographic map. It features a complex pattern of contour lines, including both solid and dashed lines, which represent different elevations and geographical features. The lines are irregular and wavy, creating a textured, map-like appearance.

POLICIES

Required Online Training

All Med Team members are **required to complete Online Training prior to serving at Barnabas**. This training is critical to maintaining safety at camp and is a part of our Child Protection Plan at Camp Barnabas. It will take approximately 60 minutes to complete all courses. These courses can be taken all at once or broken out into multiple sessions. It is important that you are comfortable with our expectations and Child Protection Plan.

Med Team will need to visit campbarnabas.org/onlinetraining and then choose the week they are attending. If you are coming for multiple weeks during the summer, choose the first week you attend. Med Team will need to “Sign Up” for an account. Online Training courses will be assigned automatically. Med Team are required to complete the updated 2023 Online Training courses. Users will need to “Sign Up” unless they attended Spring Barnabreak. If you attended Spring Barnabreak, all courses have already been completed for 2023.

The following courses are mandatory and must be completed
BEFORE YOU ARRIVE AT CAMP:

TOTAL COURSE TIME
ABOUT 60 MIN

1. Child Protection Plan
2. Well House & Medical Orientation
3. Taking Care of Your Camper
4. J.E.F.F.: It's a Camp Thing!

MED TEAM DO'S

We strive to glorify Jesus Christ in everything we do! To help us, we have specific policies designed to guide and direct our understanding, as to what we believe is right and true in the eyes of our Lord. Also the policies are designed for the safety and wellness of you and others during your time at camp.

- **Be Responsible** – At every moment of every day, we are counting on you to be responsible and to make responsible decisions based on the mindset of a servant-leader.
- **Be Safe** – Be aware and alert at all times and in all areas. We want to ensure the physical, emotional, and spiritual safety of each and every Camper, Missionary, and Staff member. Every Med Team member is personally responsible to take action if needed.
- **Be an Example** – The Campers, Missionaries, and Staff want to be just like you. Living a life that exemplifies Christ is the best method of teaching them what it means to truly live. “Be imitators of God, therefore, as dearly loved children” (Ephesians 5:1).
- **Be Approachable** - Get to know the Campers, Missionaries, and Staff. Love on them like crazy. Make them feel comfortable, accepted, and loved. Some people will be easier for you to love than others. Often, the people who are hardest to love need it the most. Reach out to the unreachable, be a friend to the friendless, love the individual who doesn't love you back! Like Paul says in 1 Thessalonians 2:8, “We loved you so much that we delighted to share with you not only the gospel of God but our lives as well because you had become so dear to us.” This is what Barnabas is about. We want to share the gospel by sharing our lives.
- **Be Enthusiastic** – Always exhibit a joyful attitude; it's contagious. You set the tone for your environment!
- **Be Respectful** – Be respectful to everyone, including the Camp Barnabas leadership team, as we do our best to serve each other.
- **Be Where I'm Supposed to Be** – The primary responsibility for the Med Team is to be ready and accessible for emergencies and assistance with all concerns related to the medical needs of our Campers and Staff. As part of this objective, the Well House is to have medical coverage at all times.
- **Be Faithful** - Be faithful in all you do, whether putting up equipment, doing paperwork, or scraping plates in the dining hall.

MED TEAM DO NOT'S

Alcohol, Illegal Drugs, & Tobacco: Our Staff does not condone or personally use illegal drugs or tobacco. We do not condone the abuse of alcohol or allow for drunkenness. Camp Barnabas does not allow Med Team members to personally use controlled substances including marijuana, alcohol, tobacco, or vaping devices while at Camp. Alcohol, illegal drugs, and tobacco are not permitted on Camp property.

Sexual Behavior: There should be no discussions of or acts of a sexual nature while at Camp. We view sexual relations as being between a married man and woman and does not need to be a conversation among our Med Team, Staff, Missionaries, or Campers.

Abuse: There is a zero tolerance policy for any form of sexual, physical, verbal, or emotional abuse. Please reference our Child Protection Plan for additional details.

Skinny Dipping: Skinny dipping is strictly prohibited and can qualify as a felony or misdemeanor under Missouri State Law.

POLICIES

We strive to glorify Jesus Christ in everything we do. We especially want Campers to see our Staff and Missionaries as living examples of Christ. We have specific policies designed to allow you to understand what we believe is right and true in the eyes of our Lord. These policies are also designed for your safety and wellness during camp.

Alcohol, Illegal Drugs & Tobacco: Camp Barnabas leadership does not condone or personally use illegal drugs or tobacco. We do not condone the abuse of alcohol or allow for drunkenness. Alcohol, illegal drugs, and tobacco are not permitted on Camp property.

Sexual Behavior: There should be no discussions of or acts of a sexual nature while at Camp. We view sexual relations as being between a married man and woman and does not need to be a conversation among our Staff, Missionaries, or Campers.

General Appearance: Everyone should keep a neat appearance. If you have long hair, it's recommended to keep it in a ponytail for your safety.

Shirts: T-shirts should not have inappropriate designs or advertising for questionable products (i.e., beer products or inappropriate language). No spaghetti-strap, tight-fitting, or low-cut shirts. Straps on shirts must be at least the width of two fingers and completely cover bra straps. Shirts must cover the abdomen, even when hands are lifted in the air.

Shorts/Pants: Our standard length for shorts is finger-tip length. Shorts must also be loose-fitting. No shorts or pants with words across the seat are to be worn at any time. Shorts must be visible under longer shirts. Leggings are appropriate only if and when front and back areas are completely covered.

Shoes: Shoes must be worn at all times unless at the pool. Closed-toe shoes or shoes with a strap going across the top of the foot and around the heel (i.e., Chacos or Texas) are required during all activities, with the exception of to and from the pool.

Swimsuits: Men must wear swim trunks (no Speedos). Women must wear modest one-piece swimsuits. Two-piece swimsuits will be permitted, provided they cover the abdomen completely, even with hands in the air. No low-cut swimsuits are to be worn. If necessary, girls may wear shirts over their swimsuits as long as the shirts are not white. It is highly recommended that girls wear shorts over their swimsuits. Some Campers make quick transitions, and chasing after a Camper while wearing shorts is much easier than in swimsuit bottoms.

Tattoos & Body Piercings: At camp, it is suggested that all piercings be removed for safety reasons. Some Campers love shiny objects and may grab or pull at them. If you do not choose to remove them, please only use studs. Navel, eyebrow, or tongue jewelry is not allowed at camp (this is a safety issue). At the discretion of the Senior Camp Staff, any tattoo that may be viewed as inappropriate will need to be covered at all times.

If you have any questions about these policies, please call or email us.

CODE OF CONDUCT

Everyone at Camp Barnabas is expected to follow our Code of Conduct explicitly - it's comprehensive and falls into three main categories:

Physical Safety & Security: *Always* respect the other person's physical boundaries. Camp is not the place for physical relationships of any kind.

Verbal Communication: *Always* use appropriate verbal communication. There are no exceptions.

Staff Specific: While everyone on camp property is expected to follow the Code of Conduct outlined regarding physical boundaries and verbal communication, there are additional stated exceptions specifically for Staff.

PHYSICAL SAFETY & SECURITY

- No kissing
- No sharing of shower or bathroom stalls
- Everyone sleeps in their own bed
- No hitting, kicking, slapping, or punching
- No tickling or touching of private areas (this includes slapping someone on the rear)
- No physically demeaning humor (noogies/wedgies, etc.)
- No walking around camp or in the cabin without covering private areas (not even while around the same sex)

VERBAL COMMUNICATION

- No lying
- No gossiping
- No name-calling of any kind (even jokingly)
- No talking about another's body
- No profane, sexist, or racist language
- No discussions of a sexual nature

SUMMER STAFF SPECIFIC

- No Camper or Missionary is to be taken off alone.
- Do not give individual gifts of a personal nature to Campers.
- Do not show favoritism to a particular Camper.
- One-on-one counseling or private conversation is to be done in a public setting (seen but not necessarily heard).
- Summer Staff should always hold other Staff accountable.
- Summer Staff should be above reproach at all times.
- Open Door Meeting Policy: No Summer Staff should be with a member of the opposite gender behind a closed door or private area at any time. If a one-on-one meeting is required, it should be done in a clear, visible place where others are present.

CONSEQUENCES

Any infraction of the above policy will be immediate grounds for dismissal with no chance for re-hire or return to Camp Barnabas. A violation of one of these policies might not only be misunderstood by youth/Staff but could result in legal consequences.

GUIDELINES FOR APPROPRIATE CONDUCT WITH CAMPERS - 3 T'S

TALK

Appropriate:

- Verbal praise for achievement or behavior
- Verbal encouragement
- Scripturally-based teaching (non-sexual)

Not Appropriate:

- Compliments or questions relating to physique or body development
- Sexual jokes, sexual innuendos, or bathroom humor
- Swearing or vulgar language
- Verbal harassment or abuse
- Individual secrets or special gifts
- Sexual coaching or conversation

TOUCH

Appropriate:

- Handshakes and high fives
- Walking hand in hand
- Short, congratulatory or greeting hugs
- Arm around the shoulders
- Piggybacks with young campers

Not Appropriate:

- Intimate wrestling or tickling
- Private back rubs, arm tickles, massages, etc.
- Touching of private parts
- Touching a child in anger, disgust, or frustration
- Frontal hugs
- Sexual embraces
- Lap sitting
- Kissing

As a ministry caring for individuals with special needs, we know that some of our Campers will require an additional level of personal care assistance with hygiene during their time at Barnabas. We take this responsibility very seriously. We are very careful in how we train our Staff and Missionaries to modestly administer personal care if needed. Two caregivers are required to be present at all times for safety, this includes during hygiene administration. If a Camper requires additional assistance in their daily living activities and you would like more information on how we train or administer this care, we would be more than happy to speak with you. Please call 417-476-2565.

TERRITORY

Appropriate:

- Public one-on-one interaction
- Group or public environment

Not Appropriate:

- Sitting or lying on a bed with a minor
- Private one-on-one interactions

Additional Guidelines: Modesty dictates that Campers, Missionaries, and Summer Staff never sit around or walk without a towel or clothing covering private areas. Towels must be worn at all times when going to or from the shower. NO EXCEPTIONS! It is against policy to display sexual body parts intentionally—even if it's a joke.

3-6-0 SAFE & SECURE POLICY

Based on our Code of Conduct, the following rules and boundaries have been established in order for our Campers, Missionaries, and Summer Staff to have a safe, secure, and enjoyable experience at Camp Barnabas. Understanding and following these rules/boundaries will help everyone have the time of their life at camp!

“3” RULES

- **Recognize** unacceptable behavior. You must know and understand the Code of Conduct so you can easily recognize what is acceptable and unacceptable behavior. The 6 Boundaries outlined below will help too.
- **Resist** unacceptable behavior. No Camper, Missionary, or Summer Staff should ever feel uncomfortable or unsafe at camp. Everyone has the right to say NO and remove themselves from the situation or distance themselves from the person making them feel uncomfortable or unsafe.
- **Report** what makes you feel uncomfortable or if a rule has been broken.
 1. Tell cabin Staff or the Camp Director.
 2. Write a note and put it in the Comment Box (at the Well House).
 3. Tell a member of the Med Team in the Well House.
 4. Call 1-800-4-A-CHILD.

“6” BOUNDARIES

1. **Modesty:** Private body parts should be covered at ALL times (swimming, to/from shower, dressing, etc.) NO EXCEPTIONS. Never display your private body parts to anyone or touch someone else's.
2. **Rule of Three:** You should NEVER be alone with a Camper or youth where others are not present. There should always be a third person present or in view. Never tell a Camper a secret or tell them “not to tell”. We have no secrets at Camp Barnabas. NONE.
3. **Good Touch vs. Bad Touch:** Appropriate touch includes high-fives, short side hugs, arm around the shoulders, etc. and makes your Camper or peer feel safe and encouraged. Inappropriate touch is any touch that makes your Camper or peer feel uncomfortable (touching private parts, hitting, pushing, lap sitting, etc.) Refer to the Code of Conduct for additional examples.
4. **Good Talk vs. Bad Talk:** Always encourage one another with positive, pure, uplifting speech. Negative, disrespectful, sexual, and/or profane language will not be tolerated.
5. **Bullying:** Camp Barnabas has zero tolerance for bullying. If you are bullying someone (or they perceive you to be) and they ask you to stop, you MUST stop. If you observe or are the target of bullying, report it immediately.
6. **Your Territory:** Your body, your space, your stuff, your bed are off-limits to everyone else. No one should be in your territory without your permission and you should not be in their territory without theirs.

“0” (ZERO) TOLERANCE

If you decide not to abide by these rules and boundaries, you may be immediately dismissed from camp.

LIABILITY & RELEASE FOR CHILDREN UNDER 6

ONLY FILL OUT IF YOU HAVE A CHILD UNDER AGE 6 WHO HAS BEEN APPROVED BY THE HEALTH SERVICES DIRECTOR.

Due to the high level of medical care required at camp, we are not able to safely accommodate additional family members without approval from the Health Services Director. Thank you so much for your understanding. We encourage the Med Team to enroll children ages 6+ years as Campers, Sibling Campers, or Missionaries so they can enjoy camp. This will require a separate registration.

Our hope is that your child will have an enjoyable experience during your visit at Camp Barnabas. To ensure we serve you in the best and safest manner possible, please read the following statements, and sign below.

Child Protection Rules

- Visitors/volunteers should never be alone with Staff, Camper, or minor in private where others are not present.
- Participation in any organization activity requires prior approval of the Camp Director and in the presence of a certified operator.
- Cabin areas are off limits to all visitors/volunteers unless for scheduled programs.
- Visitors/volunteers should report any suspicious behavior in one of 4 ways:
 - Report to Director at Camp, report to Med Team member in the Well House, leave a note in Safe & Secure Comment Box (Located in the Well House), or call 1-800-4-A-CHILD.

Medical Release

I hereby authorize Camp Barnabas, in the event of an incident requiring emergency medical attention, to seek medical attention on me or my child's behalf using the physician selected by this organization to hospitalize, transport, secure proper treatment for, and to order injection and/or anesthesia and/or surgery as required.

Assumption of Risk & Release

I realize the use of the camp facilities may involve risks that neither I nor my child may be familiar, and that I assume this risk on behalf of myself and/or my child, and that I agree to save and hold harmless Camp Barnabas, their employees, agents, officers, directors, and representatives from any and all claims, liabilities, suits, actions, damages, or losses, including without limitation all costs and attorney's fees, and from and against its activities, any condition of its property or act, omission or negligence of Camp Barnabas.

My signature below acknowledges that I have read these statements and agree to the provisions listed herein.

Name of Child: _____

Week Attending: _____

Name of Parent/Guardian: _____

Signature of Parent: _____ Date: _____

Please fill out and bring for each child under 6.