



Camp Barnabas



# MED TEAM BARNABAS BOUND



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Dear Camp Family,

We can't wait for you to set sail to Camp Barnabas for "Anchored" Summer 2024! We're so glad you are joining our crew for an unforgettable summer splashing in the waves of our incredible Water Park, getting to know Campers and Missionaries, and diving into God's word.

Our theme for the summer comes from Hebrews 6:19, "We have this hope as an anchor for the soul, firm and secure." As believers, we can find great comfort in knowing that our hope is in Jesus. It is firmly anchored in the promises of a faithful and unchanging God. In times of trial, when the waves of life threaten to overwhelm us, we can cling to this anchor of hope, knowing that it will hold us steady and secure.

This summer marks the 30th year of ministry for Camp Barnabas. While our camp has grown and changed, our love for our Campers and those who serve them has remained the same. We are so thankful you're joining us for this momentous year.

In this packet, you'll find details about your packing list, party themes, Online Training, and so much more. Please read through this packet and let us know if you have questions! Get ready for a life-changing summer!



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## PACKING LIST

- Bible
- Flashlight/Head Lamp
- Bug Spray and Sunscreen
- Backpack
- Water Bottle
- Shirts\*\*
- Shorts\*\*
- Swimsuits\*\*
- Jacket or Sweatshirt
- Rain Jacket
- Shoes with a Back Strap
- Watch
- Costumes (See Party Themes)
- Optional:** Money for Barnabas Outfitters Store

## PACKING REMINDERS

Please wash and dry all items you plan to bring to camp on the highest heat setting BEFORE and AFTER your week (this includes clothing, pillows, sheets, towels, etc.). This will help prevent the spread of any lice, bed bugs, fleas, and any other transferable pests. For more information on preventing, identifying, and treating bugs, visit the CDC website.

**DO NOT BRING:** Weapons, expensive jewelry, large sums of money, alcohol, illegal drugs or tobacco products (including cigarettes, vaping devices), or products with explicit content. Barnabas is not responsible for lost or stolen items.

\*\*Please reference our Camp Barnabas Policies.



# PARTY THEMES

We'll have four nights of parties filled with games, dancing, and theme-filled fun. Costumes are encouraged but not required. We've included a few ideas to help plan for packing.



ON THE HIGH SEAS



THE BARNIVAL



MARS LANDING



90'S NEON BALL

# DAILY SCHEDULE

## WE'RE SO GLAD YOU'RE HERE!

Please check in at the Well House, get your name tag, and shirt for the week. You are welcome to park at the Well House or in the Staff parking lot. **Be ready and checked in for introductions by 3 pm.**

## SATURDAY

- 2:00 pm** Check In at the Well House
- 3:00 pm** Welcome and Introductions
- 4:00 pm** Emergency Training
- 4:30 pm** Missionary Arrival
- 5:30 pm** Set Up MAR's for Missionaries
- 6:00 pm** Dinner
- 7:00 pm** CampDoc Jump Start  
Review Camper Profiles
- 8:00 pm** Worship
- 9:00 pm** Administer Missionary Medications  
(Get to know the Missionaries you're serving)
- 10:00 pm** Free Time

## SUNDAY

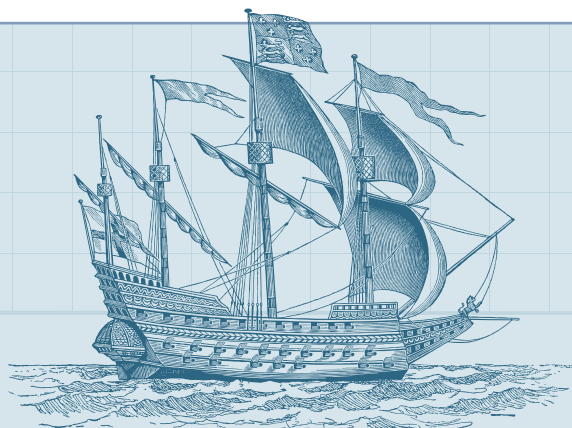
- 7:30 am** Wake Up: The Campers are Coming!
- 8:00 am** Church
- 8:30 am** Breakfast at the Well House
- 10:00 am** Med Team Training
- 12:30 pm** Lunch
- 1:15 pm** Med Team Photo at the Well House
- 1:30 pm** Med Team Training
- 3:00 pm** Camper Arrival Setup
- 4:00 pm** **CAMPER ARRIVAL** (Last Name A-M)
- 4:30 pm** **CAMPER ARRIVAL** (Last Name N-Z)
- 6:00 pm** Prepare Medications /  
Dinner in the Med Room
- 8:30 pm** Administer Evening Medications
- 9:00 pm** Camper Lights Out

## MON-THURS

- 7:00 am** Administer Early Morning Medications
- 8:00 am** Breakfast A / Devo B
- 9:00 am** Devo A / Breakfast B
- 10:00 am** Med Team Prayer and Praise in  
the Well House
- 10:00 am** Camper Activity 1
- 11:00 am** Camper Activity 2
- 12:00 pm** Lunch A / Rally B
- 1:00 pm** Rally A / Lunch B
- 2:00 pm** F.O.B. (Flat on Back for Campers)  
*\*\*Thursday Med Team Pool Party\*\**
- 3-5:00 pm** Well House Clinic Hours
- 3:15 pm** O.A.T.S. (Open Activity Time Slot)
- 5:15 pm** Dinner A / Showers B
- 6:15 pm** Showers A / Dinner B
- 7:00 pm** Party
- 8:00 pm** Wrap Up
- 8:30 pm** Administer Evening Medications
- 9:00 pm** Camper Lights Out

## FRIDAY

- 7:00 am** Administer Morning Medications and  
Pack in Camper's Suitcases
- 8:00 am** Breakfast in the Well House
- 9:00 am** Boy Camper Pick Up
- 9:45 am** Girl Camper Pick Up
- 10:30 am** Med Team Dismissal



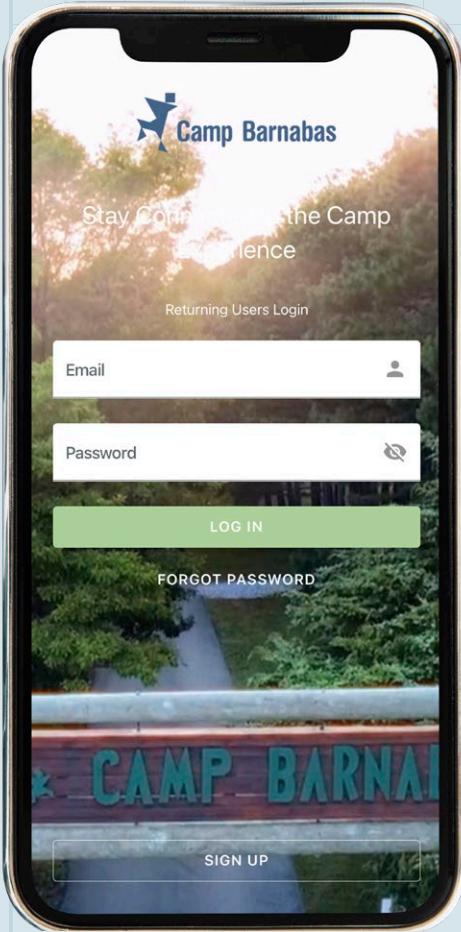


# CAMP BARNABAS APP

Stay connected with photos, videos, and news from Camp!

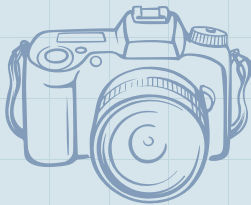
## FREE FEATURES

When accessing the app, you will be prompted to select a bundle for Camp Barnabas. Scroll down and choose “Photo Gallery Access Only” to view and download photos for free. Paid bundles include high resolution photos, facial recognition, and Bunk Notes.



## GET STARTED

- Search "Camp Barnabas" in the Apple App Store or Google Play Store and download the free app.
- Use the invitation code **"TEASTRAIL"**.
- Create your profile and let the fun begin.



## GALLERY

- View daily photos and weekly camp videos.
- Download low resolution photos for free or high resolution photos part of a paid bundle.
- Paid bundles require a photo to utilize facial recognition technology.



## UPDATES

- Stay up to date with all the daily fun at camp.
- Be notified of the news, reminders, and information from camp.

# BARNABAS OUTFITTERS

Get ship-shape for summer with our Camp Barnabas gear! Barnabas Outfitters has everything from shirts and hats to towels, sunglasses, and more! Have gear delivered to a cabin at camp for a small fee. Our Staff will deliver gear during FOB with a note indicating who it's from, or you can shop now and have gear shipped to you. Arrive at camp in style with our nautical-inspired Anchored collection. Shop now at [barnabasoutfitters.com](https://barnabasoutfitters.com).



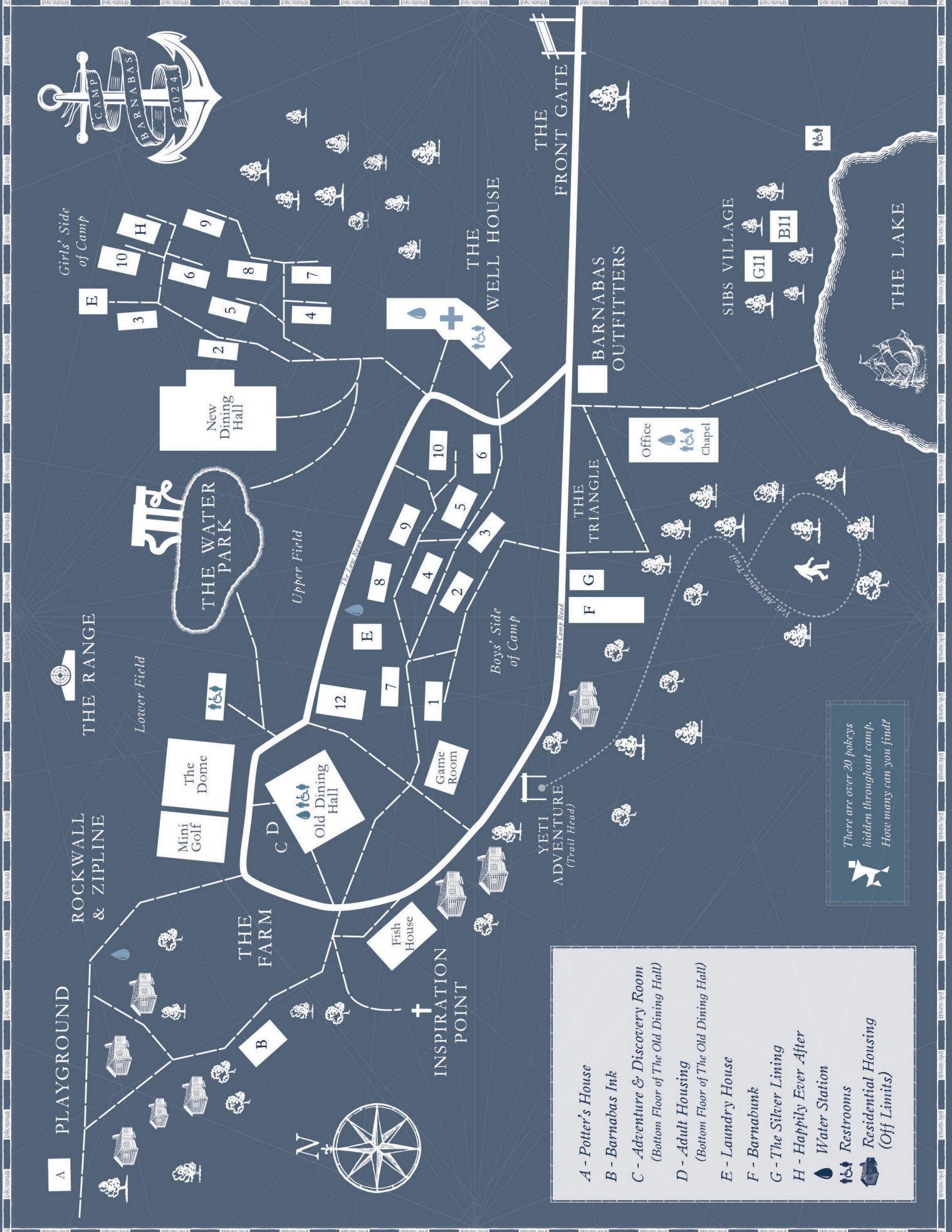
*Styles and inventory updated throughout the summer at [barnabasoutfitters.com](https://barnabasoutfitters.com)*

# CAMP STORE CARD

Add a Barnabas Outfitters store card to your account! You will have daily opportunities to visit our store during the week. Add credit to a store card through your account by logging in, clicking “Registrations” and “Store Card”. Barnabas Outfitters also takes cash or card.

***\*All store card funds not used during the week will be considered a donation to Camp Barnabas.***





There are over 20 jobs  
hidden throughout camp.  
How many can you find?

- A - Potter's House
- B - Barnabas Ink
- C - Adventure & Discovery Room  
(Bottom Floor of The Old Dining Hall)
- D - Adult Housing  
(Bottom Floor of The Old Dining Hall)
- E - Laundry House
- F - Barnabunk
- G - The Slicer Lining
- H - Happily Ever After
- Water Station
- Restrooms
- Residential Housing  
(Off Limits)



# POLICIES



# REQUIRED ONLINE TRAINING BEFORE CAMP

All Med Team members are **required** to complete Online Training prior to serving at Barnabas. This training is critical to maintaining safety at camp and is a part of our Child Protection Plan at Camp Barnabas. It will take approximately 120 minutes to complete all courses. These courses can be taken all at once or broken out into multiple sessions. It is important that you are comfortable with our expectations and Child Protection Plan.

Med Team members will need to visit [campbarnabas.org/online-training](https://campbarnabas.org/online-training) and choose the week they are attending. If you are coming for multiple weeks during the summer, choose the first week you attend. Online Training courses will be assigned automatically. All Med Team members are required to complete the updated 2024 Online Training courses. Missionaries will need to enter an email to get started. If you attended Spring Barnabreak, all courses have already been completed for 2024.

## THE FOLLOWING COURSES ARE MANDATORY AND MUST BE COMPLETED BEFORE COMING TO CAMP

TOTAL COURSE TIME  
ABOUT 2 HOURS

1. Child Protection Plan
2. Well House & Medical Orientation
3. Emergency & Essential Bag Training
4. Taking Care of Your Camper
5. JEFF... It's a Camp Thing
6. Introduction to Behaviors
7. The First 24 Hours
8. Gospel and Testimony Training



# MED TEAM DO'S

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We strive to glorify Jesus Christ in everything we do! To help us, we have specific policies designed to guide and direct our understanding, as to what we believe is right and true in the eyes of our Lord. Also the policies are designed for the safety and wellness of you and others during your time at camp.

- ☑ **Be Responsible** – At every moment of every day, we are counting on you to be responsible and to make responsible decisions based on the mindset of a servant-leader.
- ☑ **Be Safe** – Be aware and alert at all times and in all areas. We want to ensure the physical, emotional, and spiritual safety of each and every Camper, Missionary, and Staff member. Every Med Team member is personally responsible to take action if needed.
- ☑ **Be an Example** – The Campers, Missionaries, and Staff want to be just like you. Living a life that exemplifies Christ is the best method of teaching them what it means to truly live. “Be imitators of God, therefore, as dearly loved children” (Ephesians 5:1).
- ☑ **Be Approachable** - Get to know the Campers, Missionaries, and Staff. Love on them like crazy. Make them feel comfortable, accepted, and loved. Some people will be easier for you to love than others. Often, the people who are hardest to love need it the most. Reach out to the unreachable, be a friend to the friendless, love the individual who doesn't love you back! Like Paul says in 1 Thessalonians 2:8, “We loved you so much that we delighted to share with you not only the gospel of God but our lives as well because you had become so dear to us.” This is what Barnabas is about. We want to share the gospel by sharing our lives.
- ☑ **Be Enthusiastic** – Always exhibit a joyful attitude; it's contagious. You set the tone for your environment!
- ☑ **Be Respectful** – Be respectful to everyone, including the Camp Barnabas leadership team, as we do our best to serve each other.
- ☑ **Be Where I'm Supposed to Be** – The primary responsibility for the Med Team is to be ready and accessible for emergencies and assistance with all concerns related to the medical needs of our Campers and Staff. As part of this objective, the Well House is to have medical coverage at all times.
- ☑ **Be Faithful** - Be faithful in all you do, whether putting up equipment, doing paperwork, or scraping plates in the Dining Hall.

# MED TEAM DO NOT'S

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- ☒ **Abuse** - There is a zero tolerance policy for any form of sexual, physical, verbal, or emotional abuse. Please reference our Child Protection Plan for additional details.
- ☒ **Skinny Dipping** - Skinny dipping is strictly prohibited and can qualify as a felony or misdemeanor under Missouri State Law.



# POLICIES

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We strive to glorify Jesus Christ in everything we do. We especially want Campers to see our Staff and Missionaries as living examples of Christ. We have specific policies designed to allow you to understand what we believe is right and true in the eyes of our Lord. These policies are also designed for your safety and wellness during camp. If you have any questions about these policies, please call or email us.

**Alcohol, Illegal Drugs & Tobacco:** Camp Barnabas leadership does not condone or personally use illegal drugs or tobacco. We do not condone the abuse of alcohol or allow for drunkenness. No alcohol, illegal drugs, recreational drugs, or tobacco products are allowed at camp.

**Sexual Behavior:** There should be no discussions of or acts of a sexual nature while at Camp. We view sexual relations as being between a married man and woman and does not need to be a conversation among our Staff, Missionaries, or Campers.

**General Appearance:** Everyone should keep a neat appearance. If you have long hair, it's recommended to keep it in a ponytail for your safety.

**Shirts:** T-shirts should not have inappropriate designs or advertising for questionable products (i.e., beer products or inappropriate language). No spaghetti-strap, tight-fitting, or low-cut shirts. Straps on shirts must be at least the width of two fingers and completely cover bra straps. Shirts must cover the abdomen, even when hands are lifted in the air.

**Shorts/Pants:** Our standard length for shorts is finger-tip length. Shorts must also be loose-fitting. No shorts or pants with words across the seat are to be worn at any time. Shorts must be visible under longer shirts. Leggings and biker shorts are appropriate only when front and back areas are completely covered.

**Shoes:** Shoes must be worn at all times unless at the pool. Closed-toe shoes or shoes with a strap going across the top of the foot and around the heel (i.e., Chacos or Tevas) are required during all activities, with the exception of the pool.

**Swimsuits:** Men must wear swim trunks (no Speedos). Women must wear modest one-piece swimsuits. Two-piece swimsuits will be permitted, provided they cover the abdomen completely, even with hands in the air. No low-cut swimsuits are to be worn. If necessary, girls may wear shirts over their swimsuits as long as the shirts are not white. It is highly recommended that girls wear shorts over their swimsuits.

**Tattoos & Body Piercings:** At camp, it is suggested that all piercings be removed for safety reasons. Some Campers love shiny objects and may grab or pull at them. If you do not choose to remove them, please only use studs. Navel, eyebrow, or tongue jewelry is not allowed at camp (this is a safety issue). At the discretion of the Senior Camp Staff, any tattoo that may be viewed as inappropriate will need to be covered at all times.

# CODE OF CONDUCT

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Everyone at Camp Barnabas is expected to follow our Code of Conduct explicitly - it's comprehensive and falls into three main categories:

**Physical Safety & Security:** *Always* respect the other person's physical boundaries. Camp is not the place for physical relationships of any kind.

**Verbal Communication:** *Always* use appropriate verbal communication. There are no exceptions.

**Staff Specific:** While everyone on camp property is expected to follow the Code of Conduct outlined regarding physical boundaries and verbal communication, there are additional stated exceptions specifically for Staff.

## PHYSICAL SAFETY & SECURITY

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- No kissing
- No sharing of shower or bathroom stalls
- Everyone sleeps in their own bed
- No hitting, kicking, slapping, or punching
- No tickling or touching of private areas (this includes slapping someone on the rear)
- No physically demeaning humor (noogies/wedgies, etc.)
- No walking around camp or in the cabin without covering private areas (not even while around the same sex)

## VERBAL COMMUNICATION

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- No lying
- No gossiping
- No name-calling of any kind (even jokingly)
- No talking about another's body
- No profane, sexist, or racist language
- No discussions of a sexual nature

## SUMMER STAFF SPECIFIC

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- No Camper or Missionary is to be taken off alone.
- Do not give individual gifts of a personal nature to Campers.
- Do not show favoritism to a particular Camper.
- One-on-one counseling or private conversations are to be in a public setting (seen but not necessarily heard).
- Summer Staff should always hold other Staff accountable.
- Summer Staff should be above reproach at all times.
- Open Door Meeting Policy: No Summer Staff should be with a member of the opposite gender behind a closed door or private area at any time. If a one-on-one meeting is required, it should be done in a clear, visible place where others are present.

## CONSEQUENCES

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Any infraction of the above policy will be immediate grounds for dismissal with no chance for re-hire or return to Camp Barnabas. A violation of one of these policies might not only be misunderstood by youth/Staff but could result in legal consequences.

# GUIDELINES FOR APPROPRIATE CONDUCT WITH CAMPERS - 3 T'S

## TALK

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### Appropriate:

- Verbal praise for achievement or behavior
- Verbal encouragement
- Scripturally-based teaching (non-sexual)

### Not Appropriate:

- Compliments or questions relating to physique or body development
- Sexual jokes, sexual innuendos, or bathroom humor
- Swearing or vulgar language
- Verbal harassment or abuse
- Individual secrets or special gifts
- Sexual coaching or conversation

## TOUCH

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### Appropriate:

- Handshakes and high fives
- Walking hand in hand
- Short, congratulatory or greeting hugs
- Arm around the shoulders
- Piggybacks with young campers

### Not Appropriate:

- Intimate wrestling or tickling
- Private back rubs, arm tickles, massages, etc.
- Touching of private parts
- Touching a child in anger, disgust, or frustration
- Frontal hugs
- Sexual embraces
- Lap sitting
- Kissing

*As a ministry caring for individuals with special needs, we know that some of our Campers will require an additional level of personal care assistance with hygiene during their time at Barnabas. We take this responsibility very seriously. We are very careful in how we train our Staff and Missionaries to modestly administer personal care if needed. Two caregivers are required to be present at all times for safety, this includes during hygiene administration. If a Camper requires additional assistance in their daily living activities and you would like more information on how we train or administer this care, we would be more than happy to speak with you. Please call 417-522-6011.*

## TERRITORY

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### Appropriate:

- Public one-on-one interaction
- Group or public environment

### Not Appropriate:

- Sitting or lying on a bed with a minor
- Private one-on-one interactions

**Additional Guidelines:** Modesty dictates that Staff or Missionaries never sit around or walk around without a towel or clothing covering private areas. Towels must be worn at all times when going to and from the shower. **NO EXCEPTIONS!** It is against policy to display sexual body parts intentionally—even if it's a joke.



# 3-6-0 SAFE & SECURE POLICY

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Based on our Code of Conduct, the following rules and boundaries have been established in order for our Campers, Missionaries, and Summer Staff to have a safe, secure, and enjoyable experience at Camp Barnabas. Understanding and following these rules/boundaries will help everyone have the time of their life at camp!

## “3” RULES

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- **Recognize** unacceptable behavior. You must know and understand the Code of Conduct so you can easily recognize what is acceptable and unacceptable behavior. The 6 Boundaries outlined below will help too.
- **Resist** unacceptable behavior. No Staff member, Missionary, or Camper should ever feel uncomfortable or unsafe at camp. Everyone has the right to say NO and remove themselves from the situation or distance themselves from the person making them feel uncomfortable or unsafe.
- **Report** what makes you feel uncomfortable or if a rule has been broken.
  1. Tell a Staff member or Camp Director.
  2. Write a note and put it in the Comment Box (at the Well House).
  3. Tell a member of the Med Team in the Well House.
  4. Call 1-800-4-A-CHILD.

## “6” BOUNDARIES

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1. **Modesty:** Private body parts should be covered at ALL times (swimming, to/from shower, dressing, etc.) NO EXCEPTIONS. Never display your private body parts or touch someone else's.
2. **Rule of Three:** You should NEVER be alone with a Camper or youth where others are not present. There should always be a third person present or in view. Never tell a Camper a secret or tell them “not to tell”. We have no secrets at Camp Barnabas. NONE.
3. **Good Touch vs. Bad Touch:** Appropriate touch includes high-fives, short side hugs, arm around the shoulders, etc. and makes your Camper or peer feel safe and encouraged. Inappropriate touch is any touch that makes anyone feel uncomfortable (touching private parts, hitting, pushing, lap sitting, etc.) Refer to the Code of Conduct for additional examples.
4. **Good Talk vs. Bad Talk:** Always encourage one another with positive, pure, uplifting speech. Negative, disrespectful, sexual, or profane language will not be tolerated.
5. **Bullying:** Camp Barnabas has zero tolerance for bullying. If you are bullying someone (or they perceive you to be) and they ask you to stop, you MUST stop. If you observe or are the target of bullying, report it immediately.
6. **Your Territory:** Your body, your space, your stuff, your bed are off-limits to everyone else. No one should be in your territory without your permission and you should not be in their territory without theirs.

## “0” (ZERO) TOLERANCE

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If you decide not to abide by these rules and boundaries, you may be immediately dismissed from camp.

# LIABILITY & RELEASE FOR CHILDREN UNDER 6

**ONLY FILL OUT IF YOU HAVE A CHILD UNDER AGE 6 WHO HAS BEEN APPROVED BY THE HEALTH SERVICES DIRECTOR.**

Due to the high level of medical care required at camp, we are not able to safely accommodate additional family members without approval from the Assistant Health Services Director. Thank you so much for your understanding. We encourage the Med Team to enroll children ages 6+ years as Campers, Sibling Campers, or Missionaries so they can enjoy camp. This will require a separate registration.

Our hope is that your child will have an enjoyable experience during your visit at Camp Barnabas. To ensure we serve you in the best and safest manner possible, please read the following statements, and sign below.

## Child Protection Rules

- Visitors/volunteers should never be alone with Staff, Camper, or minor in private where others are not present.
- Participation in any organization activity requires prior approval of the Camp Director and in the presence of a certified operator.
- Cabin areas are off limits to all visitors/volunteers unless for scheduled programs.
- Visitors/volunteers should report any suspicious behavior in one of 4 ways:
  - Report to Director at Camp, report to Med Team member in the Well House, leave a note in Safe & Secure Comment Box (Located in the Well House), or call 1-800-4-A-CHILD.

## Medical Release

I hereby authorize Camp Barnabas, in the event of an incident requiring emergency medical attention, to seek medical attention on me or my child's behalf using the physician selected by this organization to hospitalize, transport, secure proper treatment for, and to order injection and/or anesthesia and/or surgery as required.

## Assumption of Risk & Release

I realize the use of the camp facilities may involve risks that neither I nor my child may be familiar, and that I assume this risk on behalf of myself and/or my child, and that I agree to save and hold harmless Camp Barnabas, their employees, agents, officers, directors, and representatives from any and all claims, liabilities, suits, actions, damages, or losses, including without limitation all costs and attorney's fees, and from and against its activities, any condition of its property or act, omission or negligence of Camp Barnabas.

**My signature below acknowledges that I have read these statements and agree to the provisions listed herein.**

Name of Child: \_\_\_\_\_

Week Attending: \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_

Signature of Parent: \_\_\_\_\_ Date: \_\_\_\_\_

*Please fill out and bring for each child under 6.*