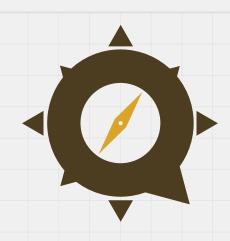




MISSIONARY BARNABAS BOUND





Dear Missionary,

Get ready to embark on an unforgettable summer for Quest 2023. Explore the great outdoors and discover new heights of faith and adventure!

Our theme for the summer comes from the story of Moses and the Israelites and their quest from slavery in Egypt to freedom in the Promised Land. As we dig deeper into the Bible, we'll discover God's direction and provision throughout their entire journey.

Whether it's celebrating on the dance floor, summiting the rock wall, getting to know your Camper, or growing in our devotions, we are certain God will work in your life this week.

In this packet, you'll find details about your packing list, party themes, required online training, and so much more. Please read through this packet, and let me know if you have questions. Get ready for a life-changing summer quest!



Blessings,
Caleb Brandt, Missionary Coordinator
417-597-3223
caleb@campbarnabas.org



Packing List

П	Bible	п	Cloomyoon	
Ч	profe		Sleepwear	
	Flashlight		Costumes (see Party Themes)	
	Bug Spray and Sunscreen		Towels and Washcloths	
	Water Bottle		Toiletries: Hairbrush, Deodorant, Shampoo, Body Soap, Toothbrush,	
	T-Shirt/Shirts**		Toothpaste, etc.	
	Shorts**		Bedding: Sleeping Bag or Twin Sheets	
	Swimsuits**		with Blanket and Pillow	
	Jacket or Sweatshirt		Stationery and Stamps	
	Rain Jacket		Watch	
	Closed-toe shoes (or shoes with a strap around the top of the foot and		Medications and Medical Equipment/ Supplies: all medications must be in	
	the heel)		pharmacy-labeled containers. They must be in the original containers.	
	Shower Shoes		Optional Items: money for Barnabas	
	Socks and Underwear		Outfitters gear, Crazy Creek Chair	

Cabin Parents will be provided a backpack with supplies like hand sanitizer, wet wipes, sunscreen, and tissues. OPTIONAL: Feel free to bring fun items for Campers like cabin decorations, extra party accessories, bubble wands, crayons, coloring books, and stickers. Missionaries and Staff appreciate note cards and snacks during nightly family time. Cabin Parents are permitted to bring snacks since they will be eaten and kept outside cabins.

Please wash all items you plan to bring to camp on the highest heat setting BEFORE and AFTER sessions (this includes clothing, pillows, sheets, towels, etc.). This will help prevent the spread of any lice, bed bugs, fleas, and any other transferable pests. For more information on preventing, identifying, and treating bugs, visit the CDC website.

DO NOT BRING: Weapons (including concealed firearms, knives of any kind, scissors, or sharp objects) expensive jewelry, large sums of money, snacks (including gum, soda, candy, etc.), alcohol, illegal drugs, or tobacco products (including cigarettes, vaping devices), or products with explicit content. Barnabas is not responsible for lost or stolen items.

BAG CHECK NOTICE: We will be inspecting your luggage with you when you arrive at camp. This check is a preventative measure, and we want to make sure you have plenty of notice prior to coming to camp. Please read over your packing list and let us know if you have any questions about what to/or what not to bring. If a questionable item is found during bag check, it will be held in the office until the end of the camp session. Tobacco products, alcohol, e-cigarettes, and vaping devices will not be returned.

^{**}Please reference our Camp Barnabas Policies.



Party Themes

We'll have four nights of parties filled with games, dancing, and themefilled fun. Costumes are encouraged but not required. We've included a few ideas to help plan for packing.











Daily Schedule

SATURDAY

4:30 pm Missi	onary Arrival	Last Nam	es A-L
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5:00 pm Missionary Arrival Last Names M-Z

If you are with a group, your arrival time may not correlate with your last name.

6:00 pm Dinner

7:00 pm Missionary Activity

8:00 pm Worship

9:00 pm Camper Card Pairing

10:00 pm Lights Out

SUNDAY

8:00 am	Church
8:30 am	Breakfast
9:30 am	Training
12:30 pm	Lunch
1:30 pm	Training
2:30 pm	Free Time
3:30 pm	Meet for Arrival
4:00 pm	Camper Park and Greet Arrival
5:00 pm	Camper Drop Off Arrival
6:30 pm	Lake / Pool Party and Dinner
8:00 pm	Wrap Up
9:00 pm	Camper Lights Out / Family Time
10:00 pm	All Lights Out

MON-THURS

7:00 am	Wake Up
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8:00 am Breakfast A / Devo B

9:00 am Devo A / Breakfast B

10:00 am Activity 1

11:00 am Activity 2

12:00 pm Lunch A / Rally B

1:00 pm Rally A / Lunch B

F.O.B. (F.O.B. is rest time for Campers. This is your time to relax, shop at Barnabas Outfitters, meet with your Missionary group, or complete the reflection portion

of your devo guide.)

3-5:00 pm Well House Clinic Hours (The Well House is always open for urgent concerns. Patients can return during clinic hours for non-emergencies.)

3:15 pm O.A.T.S. (Open Activity Time Slot)

5:15 pm Dinner A / Showers B

6:15 pm Showers A / Dinner B

7:00 pm Party

8:00 pm Wrap Up

9:00 pm Camper Lights Out / Family Time

9:00 pm **Thursday Only: Missionary Closing**

10:00 pm All Lights Out

FRIDAY

7:00 am Wake Up / Pack Bags

8:00 am Breakfast and Clean Up

8:45 am Boys Meet at Office for Closing

9:00 am Boy Camper Pick Up

9:30 am Girls Meet at Office for Closing

9:45 am Girl Camper Pick Up

10:30 am Missionary Dismissal



Camp 101



2024 REGISTRATION

We look forward to seeing you next summer, and the sooner you sign up the better! Mark your calendar to sign-up by August for the best rate possible.

Early registration will open June 9, 2023.

Your \$100 deposit will secure your 2024 spot.

\$200 Early Bird Registration (by Aug 31, 2023) \$295 Discount Registration (Sept 1 - Dec 31, 2023) \$320 Registration (Jan 1, 2024 - after)

GROUP RATE AND DISCOUNTS

\$295 a person

Register by Aug 31, 2023

Get 4 Free Group Leaders (1 for every 10 members)

Register by Dec 31, 2023

Get 2 Free Group Leaders (1 for every 10 members)



MAIL CALL

All packages and letters should be sent to:

Camp Barnabas
Camper First and Last Name
901 Teas Trail
Purdy, MO 65734

To send an email to your Camper, use the Bunk Notes function in the Camp Barnabas App.

(More info on the next page)

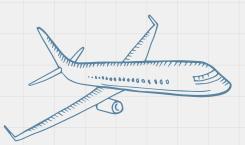
Mail will be distributed daily. Any mail received after your term will be returned to the sender. Any food or candy sent in a package will be kept in the office until the end of the week. Mail is subject to be read by Camp Barnabas Staff.



MISSIONARY COMMUNICATION

Outside of snail mail, if a parent has a non-emergency that needs to be communicated, call the camp office at 417-522-6011 or email office@campbarnabas.org Sunday through Thursday 8:00 am to 5:00 pm.

Missionaries will be fully engaged in the camp experience, so it is not possible for our Staff to direct personal, non-emergency calls to Missionaries. If an issue arises, Senior Camp Staff will call parents immediately. A camp nurse will contact about health or injury issues.



SPECIAL TRAVEL ACCOMMODATIONS

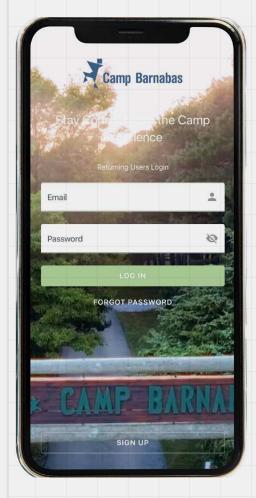
If you are an individual or family (siblings) flying and need transportation from the Springfield, MO airport, please upload your flight information into our registration system at least 20 days prior to your flight. Pickup will be between 3-5:00pm on Saturday (Missionary Arrival Day) and dropoff will be between 11:00 am to 12:30 pm on Friday (Closing Day). If your flight falls outside of these times, you will have to wait at the airport.

The fee is \$50 for pickup and \$50 for drop-off (\$100 round-trip fee). The fee must be paid prior to camp and the individuals being picked up must be at least 18 years old, or have written consent from a parent.

NOTICE: We are unable to accommodate group transportation pick-ups and drop-offs at this time. Please reach out to caleb@campbarnabas.org with questions or to give written consent for an individual under 18 years of age.

Camp Barnabas App

Stay connected with photos, videos, and news from Camp!





Get Started

- Search "Camp Barnabas" in the Apple App Store or Google Play Store and download the free app.
- Use the invitation code "TEASTRAIL".
- Create your profile and let the fun begin.



Gallery

- Upload a photo of your Missionary to utilize facial recognition technology.
- View daily photo uploads and weekly camp videos.
- Download low resolution photos for free or high resolution photos for a fee.



Bunk Notes

- Send your Missionary emails that will be printed and delivered daily.
- Provide your Missionary a fun game to let them know you're thinking about them.



Updates

- Stay up to date with all the daily fun at camp.
- Be notified of the news, reminders, and information from camp.

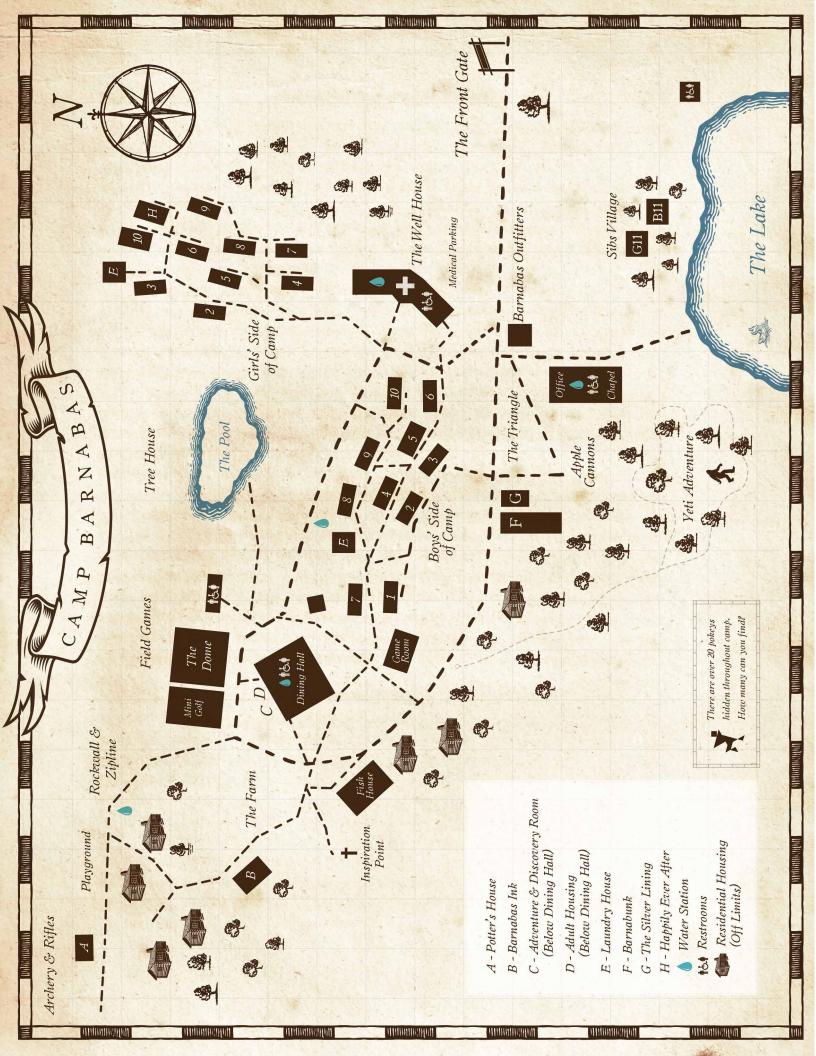
Barnabas Outfitters

Get ready for summer with Camp Barnabas gear! Barnabas Outfitters has everything from shirts and hats to towels, sunglasses, and more! Have gear delivered to a cabin at camp for a small fee with a note indicating who it's from. Can't wait for your new gear? Have it shipped to you. Show your Barnabas love everywhere you go! Check out our in person store during activity periods or FOB! We accept cash, card and store cards. Shop now at barnabasoutfitters.com.



Styles and inventory updated throughout the summer at barnabasoutfitters.com





Camp Staff



John TillackBarnabas Foundation C.E.O.



Mike Mrosko Senior Camp Director



Brenda Brandt
Camp Operations Director



Cristal Mrosko Women's Director



Caleb Brandt Missionary Coordinator



Matthew McDavid Activities Coordinator



Morgan McDavid Senior Assistant



Jake Parker Staff Coordinator



Tracy Sherrow Camper Registrar



Aaron Janes Ceremonies Coordinator



Laura Edwards Service Coordinator



Anna Luper Assistant Activities Coordinator



Carley Kilz Behavioral Assistant



"Pappa Ron" Yeti Adventure Operator



Bernadette Losh Health Services Director



Brittany Kramer Assistant Health Services Coordinator



Debbie StoughtonAssistant Health
Services Coordinator



Jeanie Smith
Food Service Director



Theresa Darst Assistant Cook



Rhonda Harlin Assistant Cook



Bernie Thomas Assistant Cook



Rick ThomasMaintenance Director



Shawn Darst
Construction Director



Jonathan Mills
Landscaping Supervisor



Paul Harlin Water Park Manager



Maddie Gjorvad
Digital Content Coordinator



Abby SmithCamp Creative Director



Shawnna Clark Barnabas Outfitters Manager

901 Teas Trail Purdy, MO 65734

office@campbarnabas.org | (417) 522-6011

www.campbarnabas.org



Required Online Training

All Missionaries are <u>required</u> to complete Online Training <u>prior to serving at Barnabas</u>. This training is critical to maintaining safety at camp and is a part of our Child Protection Plan at Camp Barnabas. It will take approximately 60 minutes to complete all courses. These courses can be taken all at once or broken out into multiple sessions. It is important that you are comfortable with our expectations and Child Protection Plan.

Individual Missionaries will need to visit campbarnabas.org/onlinetraining and choose the week they are attending. If you are attending with a Group, check with your Group Leader for the appropriate link. If you are coming for multiple weeks during the summer, choose the first week you attend. Missionaries will need to "Sign Up" for an account. Online Training courses will be assigned automatically. All Missionaries are required to complete the updated 2023 Online Training courses. Users will need to "Sign Up" unless they attended Spring Barnabreak or an earlier week in the summer. If you attended Spring Barnabreak, all courses have already been completed for 2023.

The following courses are mandatory and must be completed BEFORE YOU ARRIVE AT CAMP:

OTAL COURSE TIME

- 1. Child Protection Plan
- 2. Well House & Medical Orientation
- 3. Taking Care of Your Camper
- 4. J.E.F.F.: It's a Camp Thing!

Content Warning: Parents, this training includes mature content.

We recommend you sit down and take it with your child to help discuss these big topics.

POLICIES

We strive to glorify Jesus Christ in everything we do. We especially want Campers to see our Staff and Missionaries as living examples of Christ. We have specific policies designed to allow you to understand what we believe is right and true in the eyes of our Lord. These policies are also designed for your safety and wellness during camp.

Alcohol, Illegal Drugs & Tobacco: Camp Barnabas leadership does not condone or personally use illegal drugs or tobacco. We do not condone the abuse of alcohol or allow for drunkenness. Alcohol, illegal drugs, and tobacco are not permitted on Camp property.

Sexual Behavior: There should be no discussions of or acts of a sexual nature while at Camp. We view sexual relations as being between a married man and woman and does not need to be a conversation among our Staff, Missionaries, or Campers.

General Appearance: Everyone should keep a neat appearance. If you have long hair, it's recommended to keep it in a ponytail for your safety.

Shirts: T-shirts should not have inappropriate designs or advertising for questionable products (i.e., beer products or inappropriate language). No spaghettistrap, tight-fitting, or low-cut shirts. Straps on shirts must be at least the width of two fingers and completely cover bra straps. Shirts must cover the abdomen, even when hands are lifted in the air.

Shorts/Pants: Our standard length for shorts is finger-tip length. Shorts must also be loose-fitting. No shorts or pants with words across the seat are to be worn at any time. Shorts must be visible under longer shirts. Leggings are appropriate only if and when front and back areas are completely covered.

Shoes: Shoes must be worn at all times unless at the pool. Closed-toe shoes or shoes with a strap going across the top of the foot and around the heel (i.e., Chacos or Tevas) are required during all activities, with the exception of to and from the pool.

Swimsuits: Men must wear swim trunks (no Speedos). Women must wear modest one-piece swimsuits. Two-piece swimsuits will be permitted, provided they cover the abdomen completely, even with hands in the air. No low-cut swimsuits are to be worn. If necessary, girls may wear shirts over their swimsuits as long as the shirts are not white. It is highly recommended that girls wear shorts over their swimsuits. Some Campers make quick transitions, and chasing after a Camper while wearing shorts is much easier than in swimsuit bottoms.

Tattoos & Body Piercings: At camp, it is suggested that all piercings be removed for safety reasons. Some Campers love shiny objects and may grab or pull at them. If you do not choose to remove them, please only use studs. Navel, eyebrow, or tongue jewelry is not allowed at camp (this is a safety issue). At the discretion of the Senior Camp Staff, any tattoo that may be viewed as inappropriate will need to be covered at all times.

Cell Phones & Laptop: To avoid distraction and fully immerse yourself in the Barnabas experience, laptops are not to be brought to camp. We do not allow the use of cell phones at camp. If a cell phone is brought, Staff will collect it on the first night of camp. If you need to make an emergency call, there are phones available. (Exceptions are made to this policy for Group Leaders and adult leaders - 30 and over).

If you have any questions about these policies, please call or email us.

CODE OF CONDUCT

Everyone at Camp Barnabas is expected to follow our Code of Conduct explicitly - it's comprehensive and falls into three main categories:

Physical Safety & Security: Always respect the other person's physical boundaries. Camp is not the place for physical relationships of any kind.

Verbal Communication: Always use appropriate verbal communication. There are no exceptions.

Staff Specific: While everyone on camp property is expected to follow the Code of Conduct outlined regarding physical boundaries and verbal communication, there are additional stated exceptions specifically for Staff.

PHYSICAL SAFETY & SECURITY

- No kissing
- · No sharing of shower or bathroom stalls
- Everyone sleeps in their own bed
- No hitting, kicking, slapping, or punching
- No tickling or touching of private areas (this includes slapping someone on the rear)
- No physically demeaning humor (noogies/wedgies, etc.)
- No walking around camp or in the cabin without covering private areas (not even while around the same sex)

VERBAL COMMUNICATION

- No lying
- No gossiping
- No name-calling of any kind (even jokingly)
- No talking about another's body
- No profane, sexist, or racist language
- No discussions of a sexual nature

SUMMER STAFF SPECIFIC

- No Camper or Missionary is to be taken off alone.
- Do not give individual gifts of a personal nature to Campers.
- Do not show favoritism to a particular Camper.
- One-on-one counseling or private conversations are to be in a public setting (seen but not necessarily heard).
- Summer Staff should always hold other Staff accountable.
- Summer Staff should be above reproach at all times.
- Open Door Meeting Policy: No Summer Staff should be with a member of the opposite gender behind a closed door or private area at any time. If a one-on-one meeting is required, it should be done in a clear, visible place where others are present.

CONSEQUENCES

Any infraction of the above policy will be immediate grounds for dismissal with no chance for re-hire or return to Camp Barnabas. A violation of one of these polices might not only be misunderstood by youth/Staff but could result in legal consequences.

GUIDELINES FOR APPROPRIATE CONDUCT WITH CAMPERS - 3 T'S

TALK

Appropriate:

- · Verbal praise for achievement or behavior
- Verbal encouragement
- Scripturally-based teaching (non-sexual)

Not Appropriate:

- Compliments or questions relating to physique or body development
- · Sexual jokes, sexual innuendos, or bathroom humor
- Swearing or vulgar language
- Verbal harassment or abuse
- Individual secrets or special gifts
- · Sexual coaching or conversation

TOUCH

Appropriate:

- · Handshakes and high fives
- · Walking hand in hand
- · Short, congratulatory or greeting hugs
- Arm around the shoulders
- · Piggybacks with young campers

Not Appropriate:

- · Intimate wrestling or tickling
- Private back rubs, arm tickles, massages, etc.
- Touching of private parts
- Touching a child in anger, disgust, or frustration
- Frontal hugs
- Sexual embraces
- Lap sitting
- Kissing

As a ministry caring for individuals with special needs, we know that some of our Campers will require an additional level of personal care assistance with hygiene during their time at Barnabas. We take this responsibility very seriously. We are very careful in how we train our Staff and Missionaries to modestly administer personal care if needed. Two caregivers are required to be present at all times for safety, this includes during hygiene administration. If a Camper requires additional assistance in their daily living activities and you would like more information on how we train or administer this care, we would be more than happy to speak with you. Please call 417-476-2565.

TERRITORY

Appropriate:

- Public one-on-one interaction
- Group or public environment

Not Appropriate:

- · Sitting or lying on a bed with a minor
- Private one-on-one interactions

Additional Guidelines: Modesty dictates that Campers, Missionaries, and Summer Staff never sit around or walk without a towel or clothing covering private areas. Towels must be worn at all times when going to or from the shower. NO EXCEPTIONS! It is against policy to display sexual body parts intentionally—even if it's a joke.

3-6-0 SAFE & SECURE POLICY

Based on our Code of Conduct, the following rules and boundaries have been established in order for our Campers, Missionaries, and Summer Staff to have a safe, secure, and enjoyable experience at Camp Barnabas. Understanding and following these rules/boundaries will help everyone have the time of their life at camp!

"3" RULES

- Recognize unacceptable behavior. You must know and understand the Code of Conduct so you can easily
 recognize what is acceptable and unacceptable behavior. The 6 Boundaries outlined below will help too.
- Resist unacceptable behavior. No Camper, Missionary, or Summer Staff should ever feel uncomfortable or unsafe at camp. Everyone has the right to say NO and remove themselves from the situation or distance themselves from the person making them feel uncomfortable or unsafe.
- Report what makes you feel uncomfortable or if a rule has been broken.
 - 1. Tell cabin Staff or the Camp Director.
 - 2. Write a note and put it in the Comment Box (at the Well House).
 - 3. Tell a member of the Med Team in the Well House.
 - 4. Call 1-800-4-A-CHILD.

"6" BOUNDARIES

- 1. Modesty: Private body parts should be covered at ALL times (swimming, to/from shower, dressing, etc.) NO EXCEPTIONS. Never display your private body parts to anyone or touch someone else's.
- 2. Rule of Three: You should NEVER be alone with a Camper or youth where others are not present. There should always be a third person present or in view. Never tell a Camper a secret or tell them "not to tell". We have no secrets at Camp Barnabas. NONE.
- 3. Good Touch vs. Bad Touch: Appropriate touch includes high-fives, short side hugs, arm around the shoulders, etc. and makes your Camper or peer feel safe and encouraged. Inappropriate touch is any touch that makes your Camper or peer feel uncomfortable (touching private parts, hitting, pushing, lap sitting, etc.) Refer to the Code of Conduct for additional examples.
- **4. Good Talk vs. Bad Talk:** Always encourage one another with positive, pure, uplifting speech. Negative, disrespectful, sexual, and/or profane language will not be tolerated.
- 5. **Bullying:** Camp Barnabas has zero tolerance for bullying. If you are bullying someone (or they perceive you to be) and they ask you to stop, you MUST stop. If you observe or are the target of bullying, report it immediately.
- 6. Your Territory: Your body, your space, your stuff, your bed are off-limits to everyone else. No one should be in your territory without your permission and you should not be in their territory without theirs.

"0" (ZERO) TOLERANCE

If you decide not to abide by these rules and boundaries, you may be immediately dismissed from camp.